

Food Bank Blessing Bags for Kids

You might be surprised to learn that the greater Fredericksburg area has families that are food insecure, but it's true. Approximately 65% of the FISH population lives in poverty. Our hard-working families contribute to the success of our hotels, restaurants, and VRBO's, but they struggle to live comfortably in one of the most expensive communities in Texas. We're creating **Blessing Bags** filled with nutritious and fun food items to help them thrive. Your contribution, no matter how big or small, can bring a smile to a child's face and ease their worries about having enough to eat.

What to Donate

Healthy Snacks

- Granola bars
- Fruit snacks
- Trail mix
- Applesauce pouches
- Crackers
- Nuts/Seeds
- Dried fruit
- Etc.

Meal Items

- Peanut butter
- Canned tuna or chicken
- Canned fruit
- Canned vegetables
- Instant oatmeal
- Mac and cheese cups
- Juice boxes
- Etc.

*Please ensure all items are **non-perishable, individually packed, kid-friendly, and have expiration dates at least 6 months out.***

Drop-Off Information

Location: The Mid-Winter Conference held at Bethany Lutheran Church, 110 West Austin Street, Fredericksburg TX

Dates: January 17th, 2026

Thank you for your generosity and support! Together, we can nourish our community's children.

The Impact of Your Contribution

By donating to our Blessing Bags for Kids program, you are directly impacting the well-being of children in our community who may be experiencing food insecurity. Your contribution helps to:

- Provide nutritious meals and snacks to children in need.
- Reduce stress and anxiety related to hunger.
- Support children's overall health and development.
- Show children that they are cared for and supported by their community.

Next Steps

1. **Gather your donations:** Collect non-perishable food items that are kid-friendly and have a long shelf life. Ask friends and family to contribute!
2. **Bring the items to the Mid-Winter Conference.**
3. **The Lions attending the Mid-Winter Conference will help pack the bags with the various items! What a fun and meaningful project to do together!**

Thank you again for your support!