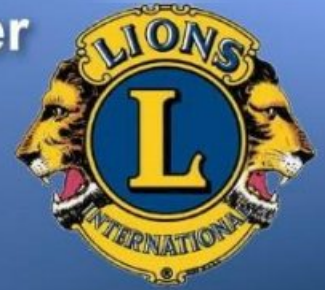




Lions District 2-A2 Newsletter



Issue 12 – June 2021

Collaborative and Compassionate Service Builds Communities

District 2-A2 Cabinet

District Governor

David Splitek
210-279-1183
d.splitek@gmail.com
SA Founder Lions Club

1st Vice-District Governor

Doug Thomas
dthomas1225@hotmail.com
SA Alamo Heights Lions Club

2nd Vice-District Governor

Steve Mays
texasdays@gmail.com
La Vernia Lions Club

District 2-A2 Secretary

Rose Ann Barajas
barajasr@uthscsa.edu
SA Edgewood Lions Club

District 2-A2 Treasurer

Irene Guzman
treasurer@district2a2.org
SA Founder Lions Club

Immediate Past District Governor

Juanita “Janie” Garza
210-643-3217
jgarza070@gmail.com

The highest result of education is tolerance.

Helen Keller

Good Morning Lions!

June arrived with graduations in full swing and Lions Clubs scholarships appearing throughout the District.

More service opportunities spring up as COVID-19 recedes and I'm sure that I see some fundraisers in our future.

May was an auspicious month. We held our first in-person district convention in two years, conducted district elections and completed our state convention as well.

District Convention

Thanks to everyone who attended our district convention. We had great attendance Friday evening for our first ever corn hole tournament. Congratulations to Lions Mike Gonzales and Trey Turnipseed from the San Antonio Area Family Lions Club who won the tournament.



Zone Chairpersons

Zone 1

PDG Don Kirchhoff

drkhek@hctc.net

Comfort Lions Club

Zone 2

Matt Wyatt

matthewcwyatt@yahoo.com

Uvalde Lions Club

Zone 3

Jeff Chicoine

Jeff.chicoine.f261@statefarm.com

Pleasanton Lions Club

Zone 4

Kenneth Duncan

duncan@bluetopcompanies.com

Laredo Noon Lions Club

Zone 5

Josh Overfelt

Josh.overfelt@gmail.com

Del Rio San Felipe Lions Club

Zone 6

Jeffrey Almoney

lionjeffrey@att.net

SA Hill Country Retreat Lions Club

Zone 7

Steve Medina

smedina@fcbtxlaw.com

SA West Side Lions Club

Zone 8

Earnest Hamilton

earnest.hamilton@gmail.com

SA Alamo City Lions Club

Zone 9

Norman Fulkerson

nfulkerson@satx.rr.com

SA Alamo Heights Lions Club

Zone 10

Nanette Patton

gi.jane1ea@gmail.net

SA Windcrest Lions Club

Special thanks also to Lions Rose Ann Barajas and Dale Richer who built the corn hole boards and donated them to our district.

Saturday morning Lion Chaplain Sid Lawrence led our necrology service prior to the cabinet meeting. We remembered all our Lions who passed away during this Lions year. The service was very well done and well attended by those paying respects to our departed Lions.

During the cabinet meeting our tail twisters collected voluntary contributions for the communities of D'hanis and Hondo to help their respective Lions Clubs assist their communities as a result of a tornado, hail and heavy rain that damaged homes and vehicles the week before our convention. We delivered checks of \$735 to each club from our collection. In addition, our Texas Lions Foundation (TLF) representative, Lion LaJuana Newnam-Leus contacted TLF and secured two \$2,000 grants for each club. LCIF director and 2VDGE Lion Josh Overfelt is working on a \$10,000 LCIF recovery grant that we will submit shortly.

San Antonio Founder Lions

I heard many complementary statements about the convention and particularly about the support provided by our host club, The San Antonio Founder Lions. As a Founder Club member, I am truly grateful for all their efforts. They came in Thursday began working and did not stop until Sunday morning. Special thanks to Lions Faith, Patrick and Christopher Porras, Irene Guzman-Castillo and Gabe Castillo, Dave and Stella Silva, Reid Hackney, Earl McPeck, PDG Rod and Mary Jane Chisholm, Michelle Trevino, Pat Kuether, Roger Gary, Keith Mulkey, Pat Guerra, Rick Newburg, and Roger Rigal for going well above and beyond to make the convention run smoothly for all our Lions and guests.

District Leadership

Our convention and this entire Lion year was very different and more challenging than many we experienced in the past. Thanks to the initiative and great work of our cabinet officers, zone chairpersons, global membership, leadership and service teams, committee chairs, the Boards of the Lions Sight Research Foundation, Children's Services and Human Needs, our Texas Lions Camp, Texas Lions Museum and Texas Lions Foundation directors, and our LCIF Director we had a great year. Your servant's hearts, your energy, and your commitment to the Lions Clubs of District 2-A2, to Multiple District 2, and to Lions Clubs International, humble me. You truly live our motto; **WE SERVE**.

Reminders

We have one month until our new Lions Year. Please go to MyLCI and update your club officers for 2021-2022 and check the accuracy of your club meeting information.

Now is a great time to add new members. We need more helping hands to serve our communities and more innovative ideas to help energize our clubs. Invite those with servant hearts to join your club's next service project!

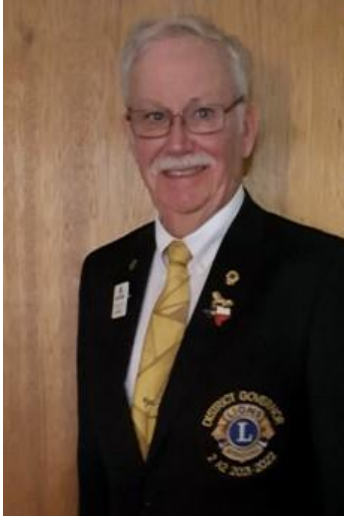
Enjoy your officer installation ceremonies and start planning some great service fundraising and fellowship activities for the new Lions year. I'm looking forward to the energetic leadership of our new Governor and new club presidents. Let's make 2021-2021 the best Lions Year ever!

Stay hydrated,

Lion David

Governor Dave Splitek

PS I went to a new organic grocer in my neighborhood the other day. The place was called "Mommas and Pappas". I bought a head of lettuce and brought it home but when I unwrapped it I couldn't eat it. All the leaves were brown



Dear Fellow Lions,

May was a very busy month. We had both our District Convention and the State Convention 2 weeks apart and both were in-person. It was great to visit people face to face and have some interaction with fellow Lions. We had a lot of fun at the District Convention with our corn hole tournament – try that virtually. At the State Convention our guest was PIP Sid Scruggs and he and his wife are always a delight.

I thank you for electing me as your next District Governor. It should be an exciting year as we begin to have more meetings in person and will be able to physically do more service projects. Zoom has its place and we will probably use it some but our clubs are beginning to have more face-to-face meetings and this will help move us forward. I hope that clubs that have not been able to meet because of the pandemic will be able to start meeting now. Please let me know when you are meeting in person because I would love to come visit you. I do thank Lion Floyd Daigle for his yeoman's work in keeping our zoom meetings going. I had trouble keeping up with the meeting IDs but Lion Floyd was there to keep me on track. He was also doing this for the state.

Our first cabinet meeting for the you will be in person hosted by the Helotes Lions Club. It will be on July 17 and our own PCC "TJ" endorsed candidate for ID) will be there to install the cabinet. Speaking of our candidate for ID, be sure that your delegates are signed up to vote at the LCI International Convention so that we do get Lion "TJ" elected. We need to be sure to have a good showing from MD2 in the voting and especially in our own district. If you have trouble registering delegates Lion "TJ" or Lion Floyd Daigle can help you. Don't hesitate to ask.

One of the things that makes this time of the year exciting is the election of new club officers. Be sure that your club secretary has reported these to LCI. I will be asking the new Zone Chairs to be checking to be sure that you have done this. We are going to have a great year in our zones. I have asked Lion Sam Pantusa to be the Zone Chairs Advisor and he and I will be meeting regularly with our Zone Chairs. All clubs can expect to be hearing from your Zone Chairs.

We are less than 30 days away from the beginning of a new year. We are beginning to emerge from a very difficult time but we can forward brighter days ahead. It is sort of like spring after a hard winter. Plant the seeds and pull the weeds and we can make things bigger and better. Let's have a great year.

I look forward to seeing you soon.

Lion Doug

1VDG Doug Thomas

Virtual LCICON 2021

WHEN: June 25-29, 2020

WHERE: <https://lcicon.lionsclubs.org/>

We have an opportunity to elect one of our own, **PCC Ernesto "TJ" Tijerina**, as International Director. Make sure your club has designated your delegate(s) on MyLCI and that each delegate has registered for the convention. Let's make every vote count for TJ! And let's celebrate on June 29!!

Membership – Let’s Keep Working at it

Our club membership declined slightly this month. We are minus 99 for the year and have one month to find more helping hands with hearts for service.

The following clubs continue to have positive membership growth for the year:

Bandera +5

Eagle Pass Border +1

Floresville +2

Hondo +1

Kerrville Host +5

Kerrville Sunrise +2

Poteet +1

SA Guide Dogs of Texas +1

Stockdale +2

Universal City +1

Congratulations to each of these clubs and to all clubs that added members since July. **We still need the help of every club and every club member to recruit at least one new member and retain our current members during this fourth quarter.**

Service Steady

Thanks again to all the clubs serving your communities and documenting and reporting service on MyLion at the Lions Clubs International website. We held steady at 21 clubs report service on MyLion, or 30% of our clubs district wide. Keep on serving and report it on MyLion. If you need a refresher, just call on your Zone Chair or any of the clubs listed below. District wide we reported completing 286 activities, serving 86,163 people through 7,396 hours of service. Think what our impact will look like when more clubs report their good work.

Here are the reporting clubs:

Bandera	La Vernia
Centerpoint	Leakey
Comfort	SA Alamo Heights
Converse	SA Edgewood
Del Rio San Felipe	SA First Ladies
Devine	SA Founder
Eagle Pass Border	SA Hill Country Retreat
Floresville	SA Northside
Kerrville Heart O' the Hills	SA Northwest
Kerrville Host	SA Windcrest
Kerrville Sunrise	

Tell Us What You Are Doing

We want our District newsletter to feature more of the wonderful work being done by each of the Lions Clubs in District 2-A2. Please send in articles about your service projects, fundraisers, installations, and member recognitions for inclusion in the monthly newsletter to newsletter@district2a2.org. Articles must be submitted by the 25th of the month to be included in the following month's newsletter.

Celebrating Club Anniversaries

We continue to recognize the heritage of our Lions Clubs in District 2-A2, countless hours of service, fellowship and community support. It's important to acknowledge the many years of contributions our clubs have made to our communities. **Happy Anniversary** for the month of June.

Congratulations to our clubs on their anniversaries, young and old. Keep up the great work. Your communities are counting on you and our district appreciates the way you continue to stay the course!

June:

Club	Charter Date	Years
San Antonio Guide Dogs of Texas	06/18/2015	6
San Antonio Lighthouse	06/20/2011	10
San Antonio Postal	06/22/1994	17
George West	06/28/1948	73
Kerrville Sunrise	06/28/1985	36
Uvalde	06/30/1928	93

District 2-A2 Election Results for 2021

Congratulations and best wishes for the incoming District 2-A2 officers and directors elected at our District Convention on May 8, 2021.

District Governor – Lion Doug Thomas, SA Alamo Heights Lions Club
1st Vice District Gov. - Lion Steve Mays, LaVernia Lions Club
2nd Vice District Gov. - Lion Josh Overfelt, Del Rio San Felipe Lions Club

Lions Sight Research Foundation Board of Directors

Lion Alejandra Hernandez, Del Rio Host Lions Club
Lion Trey Turnipseed, SA Area Family Lions Club
Lion Nanette Patton, SA Windcrest Lions Club
Lion Dennis Jupe, Converse Lions Club

Human Needs Board of Directors

Lion Faith Porras, SA Founder Lions Club
PDG Juanita “Janie” Garza, Stockdale Lions Club

Children’s Services Board of Directors

Lion Stella Silva, SA Founder Lions Club
Lion David Silva, SA Founder Lions Club
Lion Rosemary Paletta, SA Westside Lions Club
Lion Debbie Book, SA Region 20 Lions Club
Lion Ken Book, SA Region 20 Lions Club

District 2-A2 Hall of Fame

We inducted Lions into the Herb C. Petry, Jr. Hall of Fame for both 2020 and 2021 during our convention.

2020 honorees:

Lion Abel Martinez, SA Edgewood Lions Club
PDG Lion Saul Lopez, SA Northside Lions Club

Our 2021 honorees:

PDG Lion Roberto Castillo, Del Rio San Felipe Lions Club
Lion Lester Frantzen, Fredericksburg Lions Club
Lion Jack Leonhardt, SA Windcrest Lions Club

Past International Director M. P. “Mike” Butler Ambassador of Service Award winners

Our Past District Governors Association inaugurates a new award this year honoring long serving District 2-A2 Lions.

This year’s inaugural class includes:

Lion Robert Kneupper – Converse Lions Club
Lion Gloria Klasen – Del Rio Host Lions Club
Lion Rogelio “Roy” H. Musquiz, Jr. – Del Rio San Felipe Lions Club
Lion Ernst “Juno” Druebert, Jr. – Kerrville Host Lions Club
Lion Earl Campbell – Alamo City Lions Club
Lion Lawrence “Larry” Rourke – SA Edgewood Lions Club
Lion Irene Guzman – SA Founder Lions Club
Lion Allie Thomas – SA Highland Hills Lions Club
Lion Sidney “Sid” Lawrence – SA North SA Hills Lions Club
Lion Gabriel c. Garza – SA Northwest Lions Club

MD-2 Texas Lions Hall of Fame

State Lions Hall of Fame nominees are nominated by districts on a rotating schedule. Every three years District 2-A2 may nominate a Lion for this honor. 2021 was our year and our nominee, Lion M.D. "Mac" McCain, was inducted into the Texas Hall of Fame.



Lion Mac and his District 2-A2 supporters at the state convention.



Texas Lions Hall of Fame honorees for 2020-2021

Calendar of Upcoming Events:

Cabinet and Convention Dates:

International Convention – Virtual	June 25-29th	Montreal, Canada
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Club and Other Events:

28th Annual Harry Wickersham Golf Tournament	August 5th	Lady Bird Johnson GC Fredericksburg, TX
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Stride for Sight 5K Run/Walk	August 7th	Comanche Park San Antonio, TX
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MD-2 Virtual Parade Filmed for the International Convention:

On April 7, 2021, at Lions' Field in San Antonio, District Governor David Splitek and many others donned their hats, vests, jeans, and boots to film our District's contribution to the virtual world-wide Lions parade.

Link:

To View our District's Lion Parade: [Parade Video](#)

:

Alamo Heights Lions Club



Congratulations DGE Doug Thomas!

Alamo Heights had six Lions attended the District 2-A2 Convention in San Antonio and two Lions attended the MD2 Texas Convention in Waco.

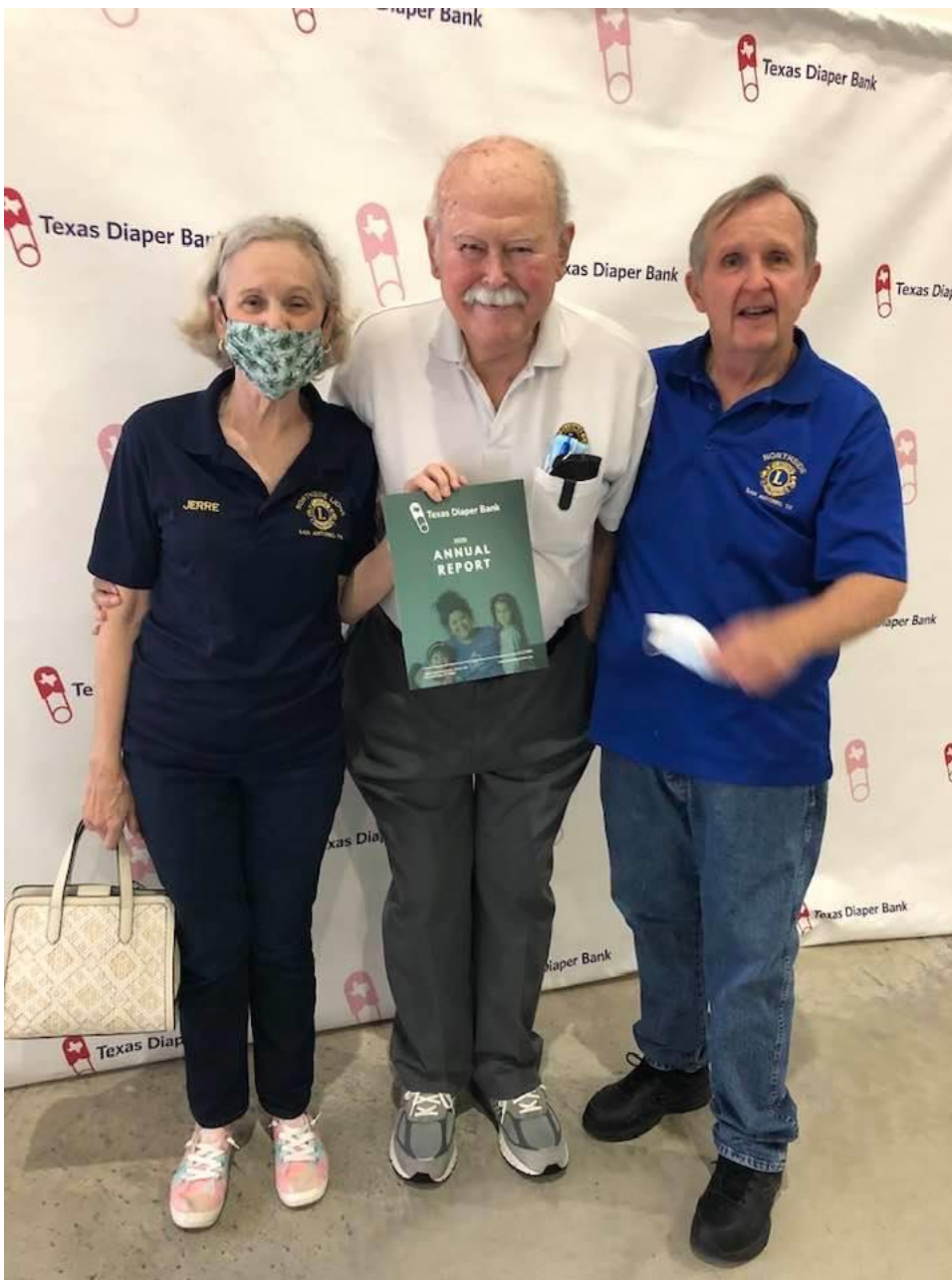


This was a busy weekend for Alamo Heights Lions. Eight Lions attended the Helping Hands Health and Wellness Fair. There was good response to the Fair

from the public as well as there was a large number of vendors present. We were able to network with the vendors and let San Antonio know that we are here to help. Thank you to District 2-A2 Texas Lions Camp Director Allie Thomas for joining us.

Northside Lions Club

The Northside Lions Club and First Ladies Lions Club joined together on Tuesday, May 18th from 8:30 - 11:30am at the Texas Diaper Bank to help assemble diaper kits for those in need. One in three families do not have access to an adequate supply of diapers for babies, children with disabilities, and seniors. The Texas Diaper Bank serves the Greater San Antonio area and 12 surrounding counties and in 2019 provided 83,000 individuals with 3 million diapers and incontinence products.





Stride for Sight

Saving Sight, Changing Lives



Stride for Sight 5K Run/Walk
Saturday, August 7, 2021

Comanche County Park
Pavilion 2
2600 Rigsby Avenue
San Antonio, TX 78222

Register Online At:
bit.ly/SFSAUG7
or SolersSports.com

8am Opening Ceremony
8:30am Run/Walk



\$40 Virtual Runner/Walker
\$30 5K Runner/Walker
\$20 Sleep Walker
\$20 Teams* (*5 or more members required, all teams are walkers)

Free Breakfast Tacos
Music and Entertainment
Free Kid's Fun Run
And Much More!

Team promotional discounts available to affiliates and families of Partners In Vision (LSRF, SAEB & GDTX) Contact Lisa@SolersSports.com for discount code



SPONSORSHIP BENEFITS

Title Sponsor (\$5,000)

- Opportunity to speak for 2-3 minutes during open ceremony and officiate start of the race
- Your company banners, logos and/or products displayed prominently at event stage and at race start/finish line
- Your company logo featured on the front and back of event race T-shirt*
- Your company logo featured on 5k registration site and social media cover photos
- One 30-60 second video, featuring your representative in social media promotion leading up to the event & add'l filming of representative featured in commemorative event day video
- Your company name mentioned in event press release and in any day of event news TV or radio interviews
- 15 complimentary race registrations and T-shirts
- 5 or more mentions in social media promotion leading up to the event
- **Plus!** All the benefits from the sponsorship levels below.

Lionheart Sponsor (\$2,500)

- One 30-60 second video, featuring your representative in social media promotion leading up to the event & add'l filming of representative featured in commemorative event day video
- Your company name mentioned in event press release and in any day of event news TV or radio interviews
- 10 complimentary race registrations and T-shirts
- 5 or more mentions in social media promotion leading up to the event
- **Plus!** All the benefits from the sponsorship levels below.

*Deadline for logo inclusion on race T-shirt is July 24, 2021

**Deadline for logo inclusion on postcard is June 4, 2021

Hero Sponsor (\$1,000) or KidZone Area Sponsor

- One 30-60 second video, featuring your representative in social media promotion leading up to the event & add'l filming of representative featured in commemorative event day video
- Your company name mentioned in event press release and in any day of event news TV or radio interviews
- 5 complimentary race registrations and T-shirts
- Social media promotion leading up to the event
- **KidZone Area Sponsor** - signage prominently featured at Kid's Fun Run and activities area
- **Plus!** All the benefits from the sponsorship levels below.

Legacy Sponsor (\$500)

- Your company logo placed on the back of event race T-shirt*
- Your company logo placed on 2,000+ promotional postcards distributed to homes throughout Bexar County**
- Your company logo displayed at water station
- Exhibitor space at the event with the option to pass out flyers/ ads/ coupons
- 2 complimentary race registrations and T-shirts
- Opportunity to provide items for race bags or at registration area
- Company name mentioned in email blast to 16,000+ South Texas area runner's list through Solers Sports

Companion Sponsor (\$250)

- Your company name placed on the back of event race T-shirt*
- Opportunity to provide items for race bags or at registration area
- Company name mentioned in email blast to 16,000+ South Texas area runner's list through Soler Sports

Friend Sponsor (\$100)

- Your company name placed on the back of event race T-shirt*
- Opportunity to provide items for race bags or at registration area

In-Kind Donation Opportunities:

- Bottled Water (500)
- Breakfast Tacos (500)
- Sausages (500)
- Kid's Art Supplies
- And more!

For further information, please contact:
Sam Pantusa, COO - Lions Sight Research Foundation
lsrf.sam@gmail.com ■ (210) 326-3915

All checks should be made payable to:
Lions Sight Research Foundation
with notation 2021 Stride for Sight
Mail to: Lions Sight Research Foundation
4502 Centerville, Suite 120, San Antonio, TX 78228





The International Association of Lions Clubs

(Lions Clubs International ®)

ERNESTO "T.J." TIJERINA
COUNCIL CHAIRMAN MD – 2 TEXAS, U.S.A.
2016 – 2017
10407 TIMBER COUNTRY
SAN ANTONIO, TEXAS 78254

MD-2 Texas Endorsed Candidate for International Director
Lion PCC Ernesto "T.J." Tijerina

www.tjforid.com

The Opportunity of a lifetime for all Texas Lions is upon us.

Lions Clubs International has changed the traditional in-person International Convention that was scheduled for June 25-29, 2021 in Montreal, Canada to a Virtual International Convention. For the first time ever, this gives all Texas Lions the opportunity to participate and experience the FELLOWSHIP THAT ALL LIONS FEEL WHEN WE GATHER ANNUALLY DURING THE INTERNATIONAL CONVENTION, WITHOUT THE EXPENSE OF THE TRAVEL.

As your MD-2 Texas Endorsed Candidate for International Director, I am asking ALL OF THE LIONS OF MD-2 TEXAS to show the Lions of the world the strength of our voice and our service commitment. We urgently need every club in every district to register their full allotment of Texas Lion Delegates for the virtual Lions International Convention. By doing this, Texas Lions have the opportunity to showcase our Strength, our Club Leadership and continued commitment to service that makes us proud Texas Lions living our motto "We Serve." We are the largest Multiple District in North America. Now is the time to show the world the strength and leadership that we have always provided to our Association.

"Team Týerina" serves our needs and needs our commitment to be elected.

To show your support for our Candidate, here are steps we ask each club to take:

1. Encourage as many Texas Lions as possible to register to participate in the Virtual International Convention. Lions can register online by going to:

[Icicon.lionsclubs.org](https://icicon.lionsclubs.org)

and register right now for the Virtual International Convention. The cost for registration is \$50 from now to March 31, 2021. The registration will increase to \$75 on April 1, 2021.

2. Determine the number of delegates for your club*
3. Once your delegates are registered to attend the virtual International Convention, the Secretary, Administrative Assistant, or President of the club must log on to MyLCI and designate each Delegate for the club. LCI will then ensure that they are allowed to vote during the voting time at the virtual convention.

If you have questions about any part of the process, please email me at tijerina@gmail.com or call me at 210-414-3319. For additional information or assistance, you may also contact your District Governor, First Vice District Governor or Second Vice District Governor, and District Campaign Coordinator.

Let us show the world that the Leadership of our Association still runs through Texas just as we did in 1917 when our Association was formed.



PCC Ernesto TJ Tijerina



Please pass this along to family and friends that may benefit.

I'll bet you know someone who should know about this.

The Lions Sight Research Foundation and Lions Club Members throughout our area are working with Texas Diabetes Institute to invite individuals who have been diagnosed with Pre-Diabetes or are not yet diagnosed but may have genetic or other indicators (high blood pressure, weight issues...) that may lead to a diagnosis, to join a study.

Candidates for the study would be between 18 and 65 years of age.

See the flyer and Pre-Diabetes Risk Test, below, to determine if you could be a candidate.

For more information call TDI at (210)358 7200.

Those who are Pre-Diabetic, have the potential to be diagnosed with Diabetes within a few years without taking proper steps

ARE YOU AT RISK FOR DIABETES?

WE ARE LOOKING FOR CANDIDATES WHO ARE:

- 18 TO 65 YEARS OF AGE
- HAVE BEEN DIAGNOSED WITH PRE-DIABETES, OR
- ARE OVERWEIGHT WITH FAMILY HISTORY OF TYPE 2 DIABETES, OR
- HAD DIABETES DURING PREGNANCY

UT Health
San Antonio

FOR MORE INFORMATION, PLEASE CALL:
DIABETES RESEARCH CENTER TEXAS DIABETES INSTITUTE
(210) 358-7200
PRINCIPAL INVESTIGATOR: RALPH A. DEFRONZO, MD

Prediabetes Risk Test

NATIONAL
DIABETES
PREVENTION
PROGRAM

1. How old are you?

- Younger than 40 years (0 points)
- 40-49 years (1 point)
- 50-59 years (2 points)
- 60 years or older (3 points)

Write your score in the boxes below

2. Are you a man or a woman?

- Man (1 point)
- Woman (0 points)

3. If you are a woman, have you ever been diagnosed with gestational diabetes?

- Yes (1 point)
- No (0 points)

4. Do you have a mother, father, sister, or brother with diabetes?

- Yes (1 point)
- No (0 points)

5. Have you ever been diagnosed with high blood pressure?

- Yes (1 point)
- No (0 points)

6. Are you physically active?

- Yes (0 points)
- No (1 point)

7. What is your weight category?

(See chart at right)

Total score:

Height	Weight (lbs.)		
4'10"	119-142	143-190	191+
4'11"	124-147	148-197	198+
5'0"	128-152	153-203	204+
5'1"	132-157	158-210	211+
5'2"	136-163	164-217	218+
5'3"	141-168	169-224	225+
5'4"	145-173	174-231	232+
5'5"	150-179	180-239	240+
5'6"	155-185	186-246	247+
5'7"	159-190	191-254	255+
5'8"	164-196	197-261	262+
5'9"	169-202	203-269	270+
5'10"	174-208	209-277	278+
5'11"	179-214	215-285	286+
6'0"	184-220	221-293	294+
6'1"	189-226	227-301	302+
6'2"	194-232	233-310	311+
6'3"	200-239	240-318	319+
6'4"	205-245	246-327	328+
	1 Point	2 Points	3 Points

← You weigh less than the 1 Point column (0 points)

Adapted from Bang et al., Ann Intern Med 131:775-783, 2009. Original algorithm was validated without gestational diabetes as part of the model.

If you scored 5 or higher

You are at increased risk for having prediabetes and are at high risk for type 2 diabetes. However, only your doctor can tell for sure if you have type 2 diabetes or prediabetes, a condition in which blood sugar levels are higher than normal but not high enough yet to be diagnosed as type 2 diabetes. **Talk to your doctor to see if additional testing is needed.**

If you are African American, Hispanic/Latino American, American Indian/Alaska Native, Asian American, or Pacific Islander, you are at higher risk for prediabetes and type 2 diabetes. Also, if you are Asian American, you are at increased risk for type 2 diabetes at a lower weight (about 15 pounds lower than weights in the 1 Point column). Talk to your doctor to see if you should have your blood sugar tested.

You can reduce your risk for type 2 diabetes

Find out how you can reverse prediabetes and prevent or delay type 2 diabetes through a CDC-recognized lifestyle change program at <https://www.cdc.gov/diabetes/prevention/lifestyle-program>.

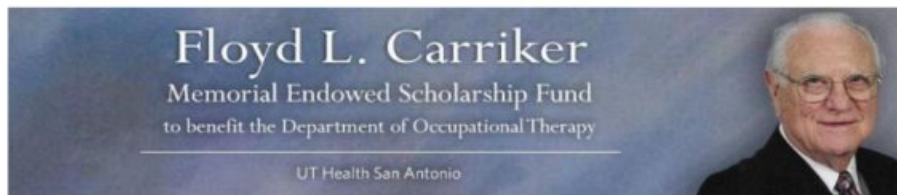




A MATTER of LEGACY

As Lions, all of us have been able to demonstrate our desire to serve others both in individual ways and collectively with fellow Club members. Many of us have proudly worn our vests for decades. What follows is an example of how one fellow Lion who wore his vest for over 50 years felt that his passion for helping others need not end with his passing. As a true “Knight of the Blind”, he set aside a generous gift to be used by the **District 2-A2 Lions Sight Research Foundation** to continue the 40 year Foundation tradition of service to the visually impaired of our community.

The following will soon begin to appear as a notification to UT Health San Antonio faculty and students:



The **Floyd L. Carriker Memorial Endowed Scholarship Fund** was established in August 2020 to honor Lion **Floyd's** memory by fellow Lions Club members in South Central Texas through their Lions Sight Research Foundation.

Funds distributed from the endowment will directly support scholarships for second- and third-year students enrolled in the Doctor of Occupational Therapy (OTD) program who possess a strong interest in and/or demonstrate clinical involvement with patients in the area of low vision rehabilitation.

Floyd L. Carriker was born on July 16, 1914, in Mineral Wells, Texas. He attended schools in Lubbock, San Angelo, and Mineral Wells. During his time in high school, he worked in drug stores, which spurred his interest in eventually opening his own pharmacy. He attended Capital College of Pharmacy and passed the certification exam on the first attempt.

During World War II, Carriker volunteered for the United States Navy and served as a Pharmacist Mate First Class. He was stationed at Naval Air Station Jacksonville and later served in the Pacific and Asiatic seas as part of the Sixth Fleet. After an honorable discharge, Carriker returned to Houston, Texas, and launched his career in the pharmacy business. After moving to Kerrville, Texas, Carriker was a dedicated member of the Kerrville Sunrise Lions Club, where he faithfully served for over five decades. Lion Floyd volunteered countless hours on behalf of others. His service covered myriad community needs, but aiding the visually impaired and disabled children were chief among his passions.

Floyd was married to Mary Alice Henderson in 1940 until her passing in 1992; he married Lynn DeVille in 2001 and was widowed in 2018. He had two sons, George and Robert Carriker, and many nieces, nephews, and stepchildren. Carriker passed away peacefully on December 21, 2019. The Floyd L. Carriker Memorial Endowed Scholarship Fund will last in perpetuity as a reflection of his community-driven spirit and dedication to serving those within the low vision community.

We would ask that you consider how a Planned Giving gift can continue your Legacy of Service. No gift is too small.

Lions Sight Research Foundation – Contact PDG Sam Pantusa (210) 326 3915 email: lsrf.sam@gmail.com
4502 Centerview, Suite 120 San Antonio, Tx 78228

amazon smile

**You shop. Amazon gives
to the L.S.R.F.**



Shop Amazon Help the L.S.R.F

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
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