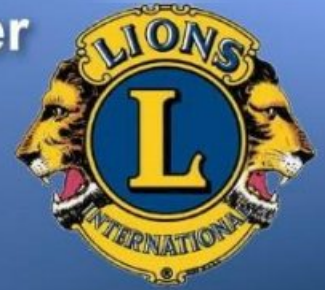




Lions District 2-A2 Newsletter



Issue 11 – May 2021

Collaborative and Compassionate Service Builds Communities

District 2-A2 Cabinet

District Governor

David Splitek
210-279-1183
d.splitek@gmail.com
SA Founder Lions Club

1st Vice-District Governor

Doug Thomas
dthomas1225@hotmail.com
SA Alamo Heights Lions Club

2nd Vice-District Governor

Steve Mays
texasrays@gmail.com
La Vernia Lions Club

District 2-A2 Secretary

Rose Ann Barajas
barajasr@uthscsa.edu
SA Edgewood Lions Club

District 2-A2 Treasurer

Irene Guzman
treasurer@district2a2.org
SA Founder Lions Club

Immediate Past District Governor

Juanita "Janie" Garza
210-643-3217
jgarza070@gmail.com

The highest result of education is tolerance.

Helen Keller

Good Morning Lions!

May has arrived and our weather roller coaster continues. I hope that you are well and looking forward to a great month ahead. Our annual District Convention takes place this coming weekend in San Antonio and we're optimistic about getting together safely to enjoy each other's company, honor some great Lions, and elect new officers to take us forward to an even better Lions Year to come.

I read an interesting passage that I must share because it captures the spirit of our work and impact on our communities and us.

"Years ago, anthropologist Margaret Mead was asked by a student what she considered to be the first sign of civilization in a culture. The student expected Mead to talk about fishhooks or clay pots or grinding stones.



Zone Chairpersons

Zone 1

PDG Don Kirchhoff

drkhek@hctc.net

Comfort Lions Club

Zone 2

Matt Wyatt

matthewcwyatt@yahoo.com

Uvalde Lions Club

Zone 3

Jeff Chicoine

Jeff.chicoine.f261@statefarm.com

Pleasanton Lions Club

Zone 4

Kenneth Duncan

duncan@bluetopcompanies.com

Laredo Noon Lions Club

Zone 5

Josh Overfelt

Josh.overfelt@gmail.com

Del Rio San Felipe Lions Club

Zone 6

Jeffrey Almoney

lionjeffrey@att.net

SA Hill Country Retreat Lions Club

Zone 7

Steve Medina

smedina@fcbtxlaw.com

SA West Side Lions Club

Zone 8

Earnest Hamilton

earnest.hamilton@gmail.com

SA Alamo City Lions Club

Zone 9

Norman Fulkerson

nfulkerson@satx.rr.com

SA Alamo Heights Lions Club

Zone 10

Nanette Patton

gi.jane1ea@gmail.net

SA Windcrest Lions Club

But no. Mead said that the first sign of civilization in an ancient culture was a femur (thighbone) that had been broken and then healed. Mead explained that in the animal kingdom, if you break your leg, you die. You cannot run from danger, get to the river for a drink or hunt for food. You are meat for prowling beasts. No animal survives a broken leg long enough for the bone to heal.

A broken femur that has healed is evidence that someone has taken time to stay with the one who fell, has bound up the wound, has carried the person to safety and has tended the person through recovery. Helping someone else through difficulty is where civilization starts, Mead said."

***We are at our best when we serve others** (emphasis added).*

"We are at our best when we serve others." I find that statement inspiring and satisfying at the same time. It just makes sense that our volunteer work in support of our communities and those less fortunate than us is at the foundation of civilization.

I also marvel at our founders back in 1917 when they crafted our mission statement: "To empower volunteers to serve their communities, meet humanitarian needs, encourage peace, and promote international understanding through Lions Clubs." That was one hundred six years ago and still hits the mark today. You've got to feel good about that!

Service – Thank you once again to all the clubs serving your communities and documenting and reporting service on *MyLion* at the Lions Clubs International website. We increased to **21** clubs report service on *MyLion*, or 30% of our clubs district wide. I urge all our clubs to keep on serving and report it on *MyLion*.

If you need a refresher, just call on your Zone Chair or any of the clubs listed below. Once you get started it will quickly become a habit, and a good one. District wide we reported completing 227 activities, serving 60,107 people through 5,944 hours of service. Think what our impact will look like when more clubs report their good work. Here are the reporting clubs so far:

Bandera	La Vernia
Centerpoint	Leakey
Comfort	SA Alamo Heights
Converse	SA Edgewood
Del Rio San Felipe	SA First Ladies
Devine	SA Founder
Eagle Pass Border	SA Hill Country Retreat
Floresville	SA Northside
Kerrville Heart O' the Hills	SA Northwest
Kerrville Host	SA Windcrest
Kerrville Sunrise	

Membership – Our club membership declined slightly this month. We are minus 93 for the year. We have two months to find more helping hands with hearts for service.

The following clubs continue to have positive membership growth for the year:

Bandera +4
Eagle Pass Border +1
Floresville +2
Kerrville Host +1
Kerrville Sunrise +2
Poteet +1
SA Guide Dogs of Texas +1
Stockdale +2
Universal City +1

Congratulations to each of these clubs and to all clubs that added members since July. **We still need the help of every club and every club member to recruit at least one new member and retain our current members during this fourth quarter..**

District Convention –

WHEN: Friday evening May 7 and Saturday May 8, 2021

WHERE: Embassy Suites by Hilton San Antonio Brooks Hotel & Spa
7610 S New Braunfels Ave, San Antonio, TX 78235, USA

First Annual District 2-A2 Lions Club Corn Hole Tournament Friday Evening -

Keep training your varsity corn hole tossers. We'll have the first annual District 2-A2 Lions Club tournament on Friday evening. The tournament will be limited to the first 16 two-person teams to register. For a nominal registration fee of \$10 per team you'll compete in the single elimination tournament, otherwise known as May Madness. Teams will compete for a second-place cash prize of \$50 and first place prize of \$100.

International Convention – Please review the flash bulletin from MD-2 Texas regarding registration for the International Convention, designation of club delegates and registration fee reimbursement. We need every District 2-A2 club to register your maximum allowable delegates.

We have an opportunity to elect one of our own, **PCC Ernesto “TJ” Tijerina**, as International Director. We haven't had an International Director from our district since 1986. That's 35 years. Let's make every vote count for TJ!

Reminders

Report Your Club Service – Newsletter and MyLion

When you serve let us know. We want to celebrate your stories in our monthly newsletters on our district website and our Facebook page. Send pictures, pictures, pictures!

Enjoy your family and community, stay healthy, reach out to those in need in your community, enjoy your service and persevere.

Stay hydrated,

Lion David

Governor Dave Splitek

PS Never iron a four-leaf clover. Don't press your luck



Dear Fellow Lions,

How many of you have heard of **NoAMI**? That stands for North American Membership Initiative which is a process that was begun two years ago with a pilot program to put an emphasis on growing membership. Over the last 40 years the membership in Lions has been slowly shrinking in North America and if not turned around will see the end of LCI in North America as we know it. Forty-one years ago, in 1980, there were almost 600,000 Lions in the United

States. At the beginning of 2021 there were less than 280,000 – less than half the number from 40 years ago. Canada has seen the same decline. There were over 25,000 Lions in the state of Texas when I was on the board of Texas Lions Camp five years ago and that number has recently dropped below 22,000.

Something must be done. Seven districts throughout the US and Canada were selected to work on turning the tide – to start working on turning things around. District 2S1 was selected as one of the pioneering districts to do this. Last year each district in Texas bought into the process and selected a NoAMI champion to spearhead the process. Then district governors were brought on board and then VDGs. Next year we will educate Zone Chairs on the process so they can introduce it to our clubs.

Why do we need NoAMI now? Why are we developing the NoAMI process now? To revitalize Lionism. Most Lions in our district are younger than me and we need to focus on new ways of thinking about how we do things. We need new ideas and ways of growing our membership. We need you to help us do this NOW! I think 2VDG Doug McDonough of T2 said it well when he said “If you want shade, you should have planted the tree 20 years ago.” How true, how true. We are planting seeds and nurturing small growth. The pandemic has made things a little difficult. This year Gov Dave set a goal of a net of two new members in each club. The pandemic has put a stumbling block in that. The district has gained 56 new members but have dropped 151.

My goal for 2021-2022 is for each club in the district to strive to finish the year in the black in membership and that is achievable. I say finish in the black because clubs seem to be good at bringing in new members, but we are losing more than we are gaining. So far this year in MD2 we have a net loss of about 1000 members.

Bringing in new members is important but that is only part of the story. We need to work keeping the members we have. Some losses cannot be helped – members die or move away. But some just stop coming and we need to find out why. We should be growing and not shrinking. We have a great product – we are the world’s largest service organization. As a district we need to find out why we are not growing and that is what NoAMI is about. Not only inviting new members but keeping the ones we have. I think PCC T.J. Tijerina said it best when he said we need to make contact, not just communicate, with Lions we have not seen at meetings. Make personal calls. Let these Lions know that they are missed.

We are coming out of the pandemic. Things are beginning to open up. Spring is here with new growth. Let us make renewed efforts to bring new life into our clubs, our communities, our district, our state and make this whole world a better place. As Bishop Fulton Sheen used to say, “If everyone lit just one little candle what a bright world this would be.”

I look forward to see you soon.

Lion Doug

1VDG Doug Thomas

Tell Us What You Are Doing

We want our District newsletter to feature more of the wonderful work being done by each of the Lions Clubs in District 2-A2. Please send in articles about your service projects, fundraisers, installations, and member recognitions for inclusion in the monthly newsletter to newsletter@district2a2.org. Articles must be submitted by the 25th of the month to be included in the following month's newsletter.

Celebrating Club Anniversaries

We continue to recognize the heritage of our Lions Clubs in District 2-A2, countless hours of service, fellowship, and community support. It's important to acknowledge the many years of contributions our clubs have made to our communities. **Happy Anniversary** for the month of May.

Congratulations to our clubs on their anniversaries, young and old. Keep up the great work. Your communities are counting on you and our district appreciates the way you continue to stay the course!

May:

Club	Charter Date	Years
EAGLE PASS BORDER	05/10/1990	31
BANDERA	05/10/2018	3
SA NORTH SAN ANTONIO HILLS	05/13/1980	41
UNIVERSAL CITY	05/13/2016	5
SA UNIVERSITY OF THE INCARNATE WORD	05/14/2012	9
SAN ANTONIO REGION 20	05/18/2004	17
PLEASANTON	05/19/1948	73
STOCKDALE	05/21/2013	8
BOERNE	05/21 /2015	6
SAN ANTONIO CENTRAL PARK	05/23/1969	52

Calendar of Upcoming Events:

Cabinet and Convention Dates:

District Convention	May 7-8th	San Antonio, TX
State Convention	May 20-22nd	Waco, TX
International Convention – Virtual	June 25-29th	Montreal, Canada

Club and Other Events:

28th Annual Harry Wickersham Golf Tournament	August 5th	Lady Bird Johnson GC Fredericksburg, TX
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MD-2 Virtual Parade Filmed for the International Convention:

On April 7, 2021, at Lions' Field in San Antonio, District Governor David Splitek and many others donned their hats, vests, jeans, and boots to film our District's contribution to the virtual world-wide Lions parade.

Link:

To View our District's Lion Parade: [Parade Video](#)

:

Melvin Jones Fellowship Opportunity For Your Club



Fellow Lions,

MD 2-A2 is excited to announce an opportunity for your clubs to award an Melvin Jones Fellowship Award.

The District has set aside \$4,000.00 for matching funds to help clubs award a MJF. A MJF award is a \$1,000 donation to LCIF. The District will match every \$500 donated to an MJF with \$500 up to the \$4,000 set aside. This allows for up to 8 Melvin Jones Fellowship awards.

How to obtain your Melvin Jones Fellowship matching funds:

1. Email LCIF MD 2-A2 Coordinator Josh Overfelt (ions.sanfeliipe@gmail.com) to reserve your award. First Come, First Served.
2. Your club donation must be received at the MD 2-A2 Convention (May 7-8) by the District Treasurer. (make checks payable to LCIF and include a note of whom the award is for)
3. District will contribute until we reach the matching limit of \$4,000.

Link:

To Reserve Your Matching Funds: [**Reserve Your Funds**](#)

Wellness Fair – Alamo Heights Lions Club



BROKEN WARRIORS ANGELS INC
BWA

FBC

HELPING HANDS HEALTH AND WELLNESS FAIR

.....

**FOR THE WHOLE
COMMUNITY, VETERANS,
AND HOMELESS.**

.....

For the purpose of providing medical,
mental, and vision healthcare to homeless
and anyone else in need.

GET INVOLVED AND BRING YOUR
ORGANIZATION TO HELP AT THIS EVENT.

FRED ALVARADO CEO/FOUNDER
(VIETNAM DISABLED VETERANS)
BROKEN WARRIORS ANGELS
1347FRED@GMAIL.COM
210-608-2805
WWW.BROKENWARRIORSANGELS.COM

**May 22nd 9a-3p, at First Baptist
Church, 515 Mcullough**

28th Annual Harry Wickersham Golf Tournament



LET'S PLAY GOLF this Summer and support TEXAS LIONS CAMP!

Texas Lions Camp invites you to participate in 2021 and join us for the **28th Annual Harry Wickersham Golf Tournament, which is scheduled for Thursday, August 5, 2021** at the **Lady Bird Johnson Golf Course in Fredericksburg.**

The Harry Wickersham Golf Tournament is one of the primary fundraisers which supports annual operations for Texas Lions Camp. Each year, hundreds of children with special medical conditions attend TLC thanks to the financial gifts from the Lions of Texas and community friends.

For Golfers, the 2021 Golf Tournament is open to men and women and the event will consist of four-person teams (limited to 31 teams) and formatted as a Florida Scramble/Best Ball with a shotgun start at 8 AM. The Entry Fee is \$110 per golfer and a team of four golfers is \$440 (before July 1, 2021) or \$125 per person or a team of four golfers is \$500 (after July 1, 2021). Following the round of golf, a CATERED MEAL will be provided by our host club, Fredericksburg Lions Club, followed by an AWARDS PROGRAM both of which will be appropriately socially distanced.

If you do not play golf, then consider becoming a **HOLE SPONSOR** by sending in a check for \$100 or more. Your Club name/individual name will be listed and recognized at Lady Bird Johnson Golf Course on the Day of the Tournament on a District Hole Sponsor poster. A copy of the **HOLE SPONSOR form** follows or you can go to our website to **REGISTER ONLINE** and/or and download the **Hole Sponsor and/or Player-Team forms** at <http://lionscamp.com/Wickersham.html>

A FACEBOOK page has been continued for the event in 2021 and may be found at Harry Wickersham Memorial Golf Tournament ([facebook.com/wickershamgolf/](https://www.facebook.com/wickershamgolf/)). Check it out and watch for updates, information on the tournament, and exciting event photos.

Those who are interested in learning more about and/or contributing to the work of Texas Lions Camp are invited to visit www.lionscamp.com or by emailing Milton L. Dare at mdare@lionscamp.com. If preferred, you may also call 830-896-8500 for more information.

2020/2021 District 2A-2 Convention



Attention District 2-A2 Lions!

CONVENTION NEWS:

- **Date:** Friday evening May 7, Saturday May 8
- **Location:** Embassy Suites by Hilton at Brooks City Base
- New Hotel, spacious meeting rooms, free breakfast for hotel guests
- Friday night Lions Clubs corn hole tournament – bring your best "tossers"
- **Saturday awards banquet:**
 - OFY Contest Winners
 - District 2-A2 Hall of Fame
 - Butler Awards
- Delegate voting for District and Board Officers and Constitution update
- Pass the Gavel to welcome DGE
- Early Bird prices until March 1

Convention Links:

[Convention Schedule](#)

[Register Online](#)

[Book Your Room at the Embassy Suites](#)



San Antonio Founder Lions Club

50/50 Raffle

Drawing to be held on

Saturday, May 8, 2021

@ District 2-A2 Convention



**Tickets are \$5.00 each or 3 for \$10.00
contact our office at 210-225-1164 to purchase some raffle tickets**

Benefiting Lions Charities that include:



2021 Texas State Lions Convention

WACO 2021
TEXAS LIONS STATE CONVENTION • MAY 20-22

Leave the driving to us! Free shuttle bus to & from the Hilton to event.
DON'T FORGET YOUR BOOTS!

PLEASE JOIN US FOR A
KICK-OFF WELCOME CELEBRATION

BARBECUE
on the Brazos

Free!
THURSDAY, MAY 20
6:30 P.M.

YOU'LL ENJOY WACO HOSPITALITY AT THE HISTORIC TEXAS RANGER HALL OF FAME AND MUSEUM (FREE MUSEUM TOURS BEFORE 7:00 P.M. TOO!)

LIVE MUSIC FROM TEXAS COUNTRY MUSIC ASSOCIATION'S 2019 FEMALE ENTERTAINER OF THE YEAR
HOLLY TUCKER

VITEK'S WORLD-FAMOUS BBQ & SIDES

DR PEPPER & BIG RED ICE CREAM FLOATS (SUGAR-FREE AVAILABLE)

GREAT FELLOWSHIP & FUN WITH LOTS O' TEXAS LIONS!

You won't want to miss this lively start to our 2021 state convention! Register online at TexasLions.org or by mail before February 12 to get the Early Bird rate!

QUESTIONS? SEND AN EMAIL TO TEXASLIONS2021@GMAIL.COM

The Lions of District 2-X3 continue working hard to plan a wonderful Texas State Lions Convention for you to enjoy in Waco in May 2021! Unless we are not allowed to host our gathering due to Covid-19, convention plans are still in full swing and we look forward to seeing you in May!

Waco's history is rich—with numerous Native American settlements and Chisholm Trail cattle drives across the Brazos, not to mention plenty of cowboy and Texas Ranger history. It's also the birthplace of Dr Pepper and Big Red, Baylor University, the Waco Mammoth National Monument and the world class Cameron Park Zoo. Waco is home to plenty of antique shops and unique shopping venues, too (including Chip and Joanna Gaines' growing Magnolia empire. There is plenty to see and do in Waco for all ages and interests.

In addition to events to be held at the beautiful and spacious Waco Convention Center, you'll have plenty of time to enjoy Waco's history, dining scene, shopping and warm hospitality on the banks of the Brazos River. Register now for what promises to be an enjoyable Texas Lions State Convention!

Don't hesitate to contact us via email TexasLions2021@gmail.com if you have questions or need more information. For the latest on convention plans, be sure to like and visit our Facebook page often (Facebook/Texas Lions 2021)

Convention Links:

Updated information will be posted on the MD-2 website:

[Latest Convention Information](#)

To Register Online: **[Register Online](#)**

To Download Convention Brochure and Registration Packet:

[Download Registration Packet](#)

Lions Clubs International Convention Will Be Virtual

Here are some important details about the 2021 convention we would like to share with you now:

- Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- The registration fee will be US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- Lions who are currently registered for convention will receive an email soon with more information about their registration options.
- Executive officer and international director elections will be conducted electronically and voting procedures will be forthcoming.
- Convention updates and details will be posted at lcon.lionsclubs.org as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

Convention Link:

LCICon Website: [**Registration and Convention Information**](#)



The International Association of Lions Clubs

(Lions Clubs International ®)

ERNESTO "T.J." TIJERINA
COUNCIL CHAIRMAN MD – 2 TEXAS, U.S.A.
2016 – 2017
10407 TIMBER COUNTRY
SAN ANTONIO, TEXAS 78254

MD-2 Texas Endorsed Candidate for International Director
Lion PCC Ernesto "T.J." Tijerina

www.tjforid.com

The Opportunity of a lifetime for all Texas Lions is upon us.

Lions Clubs International has changed the traditional in-person International Convention that was scheduled for June 25-29, 2021 in Montreal, Canada to a Virtual International Convention. For the first time ever, this gives all Texas Lions the opportunity to participate and experience the FELLOWSHIP THAT ALL LIONS FEEL WHEN WE GATHER ANNUALLY DURING THE INTERNATIONAL CONVENTION, WITHOUT THE EXPENSE OF THE TRAVEL.

As your MD-2 Texas Endorsed Candidate for International Director, I am asking ALL OF THE LIONS OF MD-2 TEXAS to show the Lions of the world the strength of our voice and our service commitment. We urgently need every club in every district to register their full allotment of Texas Lion Delegates for the virtual Lions International Convention. By doing this, Texas Lions have the opportunity to showcase our Strength, our Club Leadership and continued commitment to service that makes us proud Texas Lions living our motto "We Serve." We are the largest Multiple District in North America. Now is the time to show the world the strength and leadership that we have always provided to our Association.

"Team Týerina" serves our needs and needs our commitment to be elected.

To show your support for our Candidate, here are steps we ask each club to take:

1. Encourage as many Texas Lions as possible to register to participate in the Virtual International Convention. Lions can register online by going to:

[**icicon.lionsclubs.org**](https://icicon.lionsclubs.org)

and register right now for the Virtual International Convention. The cost for registration is \$50 from now to March 31, 2021. The registration will increase to \$75 on April 1, 2021.

2. Determine the number of delegates for your club*
3. Once your delegates are registered to attend the virtual International Convention, the Secretary, Administrative Assistant, or President of the club must log on to MyLCI and designate each Delegate for the club. LCI will then ensure that they are allowed to vote during the voting time at the virtual convention.

Each chartered club in good standing shall be entitled, in any convention of this association, to one (1) delegate and one (1) alternate for every twenty-five (25), or major fraction thereof, of its members as shown by the records of the International office on the first day of the month last preceding that month during which the convention is held, PROVIDED, however, that each such club shall be entitled to at least one (1) delegate and one (1) alternate, The major fraction referred to in this Section shall be thirteen (13) or more members. The selection of each such delegate and alternate shall be evidenced by a certificate signed by the President or Secretary or any other duly authorized club officer.

Club Voting Strength *

1-25 members = 1 delegate
25 +13 members = 2 delegates
50 + 13 members = 3 delegates
75 + 13 members = 4 delegates
100 + 13 members = 5 delegates
125 + 13 members = 6 delegates
150 + 13 members = 7 delegates
175 + 13 members = 8 delegates
275 + 13 members = 12 delegates

Registration – is now open

Multiple District 2 Texas will reimburse Texas delegates for their convention registration expense once they have voted at the Virtual Lions Clubs International Convention if the individual Lion Delegate needs financial assistance with the registration fee.

If you have questions about any part of the process, please email me at tijerina@gmail.com or call me at 210-414-3319. For additional information or assistance, you may also contact your District Governor, First Vice District Governor or Second Vice District Governor, and District Campaign Coordinator.

Let us show the world that the Leadership of our Association still runs through Texas just as we did in 1917 when our Association was formed.

A handwritten signature in blue ink that reads "Lion TJ". The word "Lion" is written in a cursive style, and "TJ" is written in a more stylized, blocky cursive.

PCC Ernesto TJ Tijerina

Alamo Heights Lions Club

Keeping with the Club's plan to help local charities with donations during this Lion's Year, the Alamo Height Lions Club chose CAM, Christian Assistance Ministry, to help in April. Our Lions donated new and used items, including clothes, socks and shoes, as well as snacks and food.



San Antonio Founder Lions Club

To spread Lionism and reach out to the community, Founder Lions attended the Community Fair and Informational Expo featuring booths of senior-centric organization and businesses sponsored by Caring Senior Services (CSS) at their national headquarters parking lot in downtown San Antonio on April 1, 2021. The event was a **kickoff event for "Close the Gap"** an effort by Jeff Salter, CEO of Caring Senior Services. Mr. Salter plans to visit all of the CSS locations around the country to promote closing the gap in home health care.

The **objective is to help more seniors remain in their own homes** with the addition of items such as **grab bars in restrooms and showers**. Mr. Salter left San Antonio on his electric bike and aims to visit all of his franchise locations to spread the word about Close the Gap. **Riding an e-bike illustrates the idea that people can do more with a little assistance than they can alone, just like seniors can with in-home care.** His bike trip will take five months and cover around 9,000 miles.



Pictured at the SAFLC booth are District Governor Lion David Splitek, President David Silva, Lion Stella Silva, Ashley Connell (office manager at the SA CSS location), Lion Keith Mulkey, Jeff Salter (CEO, Caring Senior Services), and Andy Gillen (San Antonio franchise owner)

Lion Irene received the District 2-A2 Lions Legacy Achievement Award.

To be eligible for this award the Lion must meet the following criteria:

1. Must have been a Lion for 20 years or more;
2. Still actively involved in the Lions Club (whether attend meetings, service or fundraising projects);
3. Is currently NOT nominated for the District 2-A2 Herb C. Petry Hall of Fame;
4. Have NOT been Inducted into the District 2-A2 Herb C. Petry Hall of Fame



Lion Irene Guzman-Castillo and IPDG Jane Garza



Lion Faith Porras and IPDG Janie Garza

IPDG Lion Janie Garza presented the District 2-A2 Lion of the Year to Lion Faith Porras.

Congratulations to Lion Irene and Lion Faith on their receipt of these well-deserved awards.



Please pass this along to family and friends that may benefit.

I'll bet you know someone who should know about this.

The Lions Sight Research Foundation and Lions Club Members throughout our area are working with Texas Diabetes Institute to invite individuals who have been diagnosed with Pre-Diabetes or are not yet diagnosed but may have genetic or other indicators (high blood pressure, weight issues...) that may lead to a diagnosis, to join a study.

Candidates for the study would be between 18 and 65 years of age.

See the flyer and Pre-Diabetes Risk Test, below, to determine if you could be a candidate.

For more information call TDI at (210)358 7200.

Those who are Pre-Diabetic, have the potential to be diagnosed with Diabetes within a few years without taking proper steps

ARE YOU AT RISK FOR DIABETES?

WE ARE LOOKING FOR CANDIDATES WHO ARE:

- 18 TO 65 YEARS OF AGE
- HAVE BEEN DIAGNOSED WITH PRE-DIABETES, OR
- ARE OVERWEIGHT WITH FAMILY HISTORY OF TYPE 2 DIABETES, OR
- HAD DIABETES DURING PREGNANCY

UT Health San Antonio

FOR MORE INFORMATION, PLEASE CALL:
DIABETES RESEARCH CENTER TEXAS DIABETES INSTITUTE
(210) 358-7200
PRINCIPAL INVESTIGATOR: RALPH A. DEFRONZO, MD

Prediabetes Risk Test

NATIONAL DIABETES PREVENTION PROGRAM

1. How old are you?

- Younger than 40 years (0 points)
- 40-49 years (1 point)
- 50-59 years (2 points)
- 60 years or older (3 points)

Write your score in the boxes below

2. Are you a man or a woman?

- Man (1 point)
- Woman (0 points)

3. If you are a woman, have you ever been diagnosed with gestational diabetes?

- Yes (1 point)
- No (0 points)

4. Do you have a mother, father, sister, or brother with diabetes?

- Yes (1 point)
- No (0 points)

5. Have you ever been diagnosed with high blood pressure?

- Yes (1 point)
- No (0 points)

6. Are you physically active?

- Yes (0 points)
- No (1 point)

7. What is your weight category?

(See chart at right)

Total score:

Height	Weight (lbs.)		
4'10"	119-142	143-190	191+
4'11"	124-147	148-197	198+
5'0"	128-152	153-203	204+
5'1"	132-157	158-210	211+
5'2"	136-163	164-217	218+
5'3"	141-168	169-224	225+
5'4"	145-173	174-231	232+
5'5"	150-179	180-239	240+
5'6"	155-185	186-246	247+
5'7"	159-190	191-254	255+
5'8"	164-196	197-261	262+
5'9"	169-202	203-269	270+
5'10"	174-208	209-277	278+
5'11"	179-214	215-285	286+
6'0"	184-220	221-293	294+
6'1"	189-226	227-301	302+
6'2"	194-232	233-310	311+
6'3"	200-239	240-318	319+
6'4"	205-245	246-327	328+
	1 Point	2 Points	3 Points

← You weigh less than the 1 Point column (0 points)

Adapted from Bang et al., Ann Intern Med 131:775-783, 2009. Original algorithm was validated without gestational diabetes as part of the model.

If you scored 5 or higher

You are at increased risk for having prediabetes and are at high risk for type 2 diabetes. However, only your doctor can tell for sure if you have type 2 diabetes or prediabetes, a condition in which blood sugar levels are higher than normal but not high enough yet to be diagnosed as type 2 diabetes. **Talk to your doctor to see if additional testing is needed.**

If you are African American, Hispanic/Latino American, American Indian/Alaska Native, Asian American, or Pacific Islander, you are at higher risk for prediabetes and type 2 diabetes. Also, if you are Asian American, you are at increased risk for type 2 diabetes at a lower weight (about 15 pounds lower than weights in the 1 Point column). Talk to your doctor to see if you should have your blood sugar tested.

You can reduce your risk for type 2 diabetes

Find out how you can reverse prediabetes and prevent or delay type 2 diabetes through a CDC-recognized lifestyle change program at <https://www.cdc.gov/diabetes/prevention/lifestyle-program>.

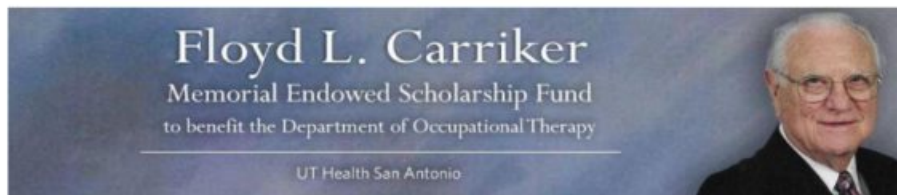




A MATTER of LEGACY

As Lions, all of us have been able to demonstrate our desire to serve others both in individual ways and collectively with fellow Club members. Many of us have proudly worn our vests for decades. What follows is an example of how one fellow Lion who wore his vest for over 50 years felt that his passion for helping others need not end with his passing. As a true “Knight of the Blind”, he set aside a generous gift to be used by the **District 2-A2 Lions Sight Research Foundation** to continue the 40 year Foundation tradition of service to the visually impaired of our community.

The following will soon begin to appear as a notification to UT Health San Antonio faculty and students:



The **Floyd L. Carriker Memorial Endowed Scholarship Fund** was established in August 2020 to honor Lion **Floyd’s memory** by fellow Lions Club members in South Central Texas through their Lions Sight Research Foundation.

Funds distributed from the endowment will directly support scholarships for second- and third-year students enrolled in the Doctor of Occupational Therapy (OTD) program who possess a strong interest in and/or demonstrate clinical involvement with patients in the area of low vision rehabilitation.

Floyd L. Carriker was born on July 16, 1914, in Mineral Wells, Texas. He attended schools in Lubbock, San Angelo, and Mineral Wells. During his time in high school, he worked in drug stores, which spurred his interest in eventually opening his own pharmacy. He attended Capital College of Pharmacy and passed the certification exam on the first attempt.

During World War II, Carriker volunteered for the United States Navy and served as a Pharmacist Mate First Class. He was stationed at Naval Air Station Jacksonville and later served in the Pacific and Asiatic seas as part of the Sixth Fleet. After an honorable discharge, Carriker returned to Houston, Texas, and launched his career in the pharmacy business. After moving to Kerrville, Texas, Carriker was a dedicated member of the Kerrville Sunrise Lions Club, where he faithfully served for over five decades. Lion Floyd volunteered countless hours on behalf of others. His service covered myriad community needs, but aiding the visually impaired and disabled children were chief among his passions.

Floyd was married to Mary Alice Henderson in 1940 until her passing in 1992; he married Lynn DeVille in 2001 and was widowed in 2018. He had two sons, George and Robert Carriker, and many nieces, nephews, and stepchildren. Carriker passed away peacefully on December 21, 2019. The Floyd L. Carriker Memorial Endowed Scholarship Fund will last in perpetuity as a reflection of his community-driven spirit and dedication to serving those within the low vision community.

We would ask that you consider how a Planned Giving gift can continue your Legacy of Service. No gift is too small.

Lions Sight Research Foundation – Contact PDG Sam Pantusa (210) 326 3915 email: lsrf.sam@gmail.com
4502 Centerview, Suite 120 San Antonio, Tx 78228

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