



Lions District 2-A2 Newsletter



Issue 9 – March 2021

Collaborative and Compassionate Service Builds Communities

District 2-A2 Cabinet

District Governor

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SA Founder Lions Club

1st Vice-District Governor

Doug Thomas
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SA Alamo Heights Lions Club

2nd Vice-District Governor

Steve Mays
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La Vernia Lions Club

District 2-A2 Secretary

Rose Ann Barajas
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SA Edgewood Lions Club

District 2-A2 Treasurer

Irene Guzman
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SA Founder Lions Club

Immediate Past District Governor

Juanita “Janie” Garza
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jgarza070@gmail.com

Smell is a potent wizard that transports you across thousands of miles and all the years you have lived.

Helen Keller

I don't know about you, but I sure am glad to see March arrive and bid February adieu. I hope that you survived the cold weather, loss of electrical power and loss of drinking water. This month will surely be better. At least we've got the Ides of March and the spring equinox to look forward to. And there's more!



New! District 2-A2 Virtual Training Seminar Coming March 22nd, 29th and April 5th to your computer or tablet!

Since the Texas Leadership Forum was canceled for this year, we will offer virtual leadership sessions on consecutive Monday nights in March and April. Look for online registration this week.

We will offer two half-hour sessions beginning at 6:30pm for three consecutive Monday's. You can choose from any of four simultaneous sessions followed by a short break and then four different sessions.

Zone Chairpersons

Zone 1

PDG Don Kirchhoff

drkhek@hctc.net

Comfort Lions Club

Zone 2

Matt Wyatt

matthewcwyatt@yahoo.com

Uvalde Lions Club

Zone 3

Jeff Chicoine

Jeff.chicoine.f261@statefarm.com

Pleasanton Lions Club

Zone 4

Kenneth Duncan

duncan@bluetopcompanies.com

Laredo Noon Lions Club

Zone 5

Josh Overfelt

Josh.overfelt@gmail.com

Del Rio San Felipe Lions Club

Zone 6

Jeffrey Almoney

lionjeffrey@att.net

SA Hill Country Retreat Lions Club

Zone 7

Steve Medina

smedina@fcbtxlaw.com

SA West Side Lions Club

Zone 8

Earnest Hamilton

earnest.hamilton@gmail.com

SA Alamo City Lions Club

Zone 9

Norman Fulkerson

nfulkerson@satx.rr.com

SA Alamo Heights Lions Club

Zone 10

Nanette Patton

gi.janelea@gmail.net

SA Windcrest Lions Club

You'll be able to select the sessions that interest you and we're including sharing sessions as well. Bring your best ideas and your most inquisitive mind.

Meetings – Many clubs are still meeting virtually and we're all hoping that the tempo of vaccinations will continue to increase so we can meet again face to face. In the meantime, please make it a priority to keep in touch with all your members, make a call, set up a calling tree. Let's not leave anyone behind.

Service – Another thank you to all the clubs serving your communities and documenting and reporting service on *MyLion* at the Lions Clubs International website. This past month 20 clubs reported service on *MyLion*, or 29% of our clubs district wide. We're steadily increasing our reporting. Join the process. Let's keep at it and see if we can reach 50% by the end of March 2021. Here are the reporting clubs so far:

Bandera

Centerpoint

Comfort

Converse

Del Rio San Felipe

Devine

Eagle Pass Border

Floresville

Kerrville Heart O' Hills

Kerrville Host

Kerrville Sunrise

Leakey

SA Alamo Heights

SA Edgewood

SA First Ladies

SA Founder

**SA Hill Country
Retreat**

SA Northside

SA Northwest

SA Windcrest

Board Chairpersons

Children's Services Board

Chair: Ken Book

Kbook0@hotmail.com

SA Region 20 Lions Club

Human Needs Board

Chair: Joseph Guerra

Joemg3@yahoo.com

SA Edgewood Lions Club

Lions Sight Research

Foundation

Chair: PDG Rod

Chisholm

ccclancy@sbcglobal.net

SA Founder Lions Club

Membership – Our district's membership dropped again this month to -83 (net) through February 28th. Our district continues to rank 13th among 16 districts in net growth/loss through February.

The following clubs have positive membership growth for the year:

- **Bandera +4**
- **Del Rio San Felipe +1**
- **Eagle Pass Border +1**
- **Floresville +3**
- **Kerrville Sunrise +2**
- **Stockdale +2**

Congratulations to each of these clubs and to all clubs that added members since July. **We need the help of**

every club and every club member to recruit at least one new member and retain our current members during this third quarter.

District Convention – Registration forms are posted on the District 2-A2 website.

WHEN: Friday evening May 7 and Saturday May 8, 2021

WHERE: Embassy Suites by Hilton San Antonio Brooks Hotel

& Spa, 7610 S New Braunfels Ave, San Antonio, TX 78235, USA

First Annual District 2-A2 Lions Club Tournament On Friday Evening

Start training your varsity corn hole tossers today. We'll have the first annual District 2-A2 Lions Club tournament on Friday evening. The tournament will be limited to the first 16 two-person teams to register. For a nominal registration fee of \$10 per team you'll compete in the single elimination tournament, otherwise known as **May Madness**. Teams will compete for a second-place cash prize of \$50 and first place prize of \$100. Teams must include certified Lions Club members from your club only,

International Convention – Please review the flash bulletin from MD-2 Texas regarding registration for the International Convention, designation of club delegates and registration fee reimbursement. We need **every** District 2-A2 club to register your maximum allowable delegates.

We have an opportunity to elect one of our own, **PCC Ernesto “TJ” Tijerina**, as International Director. We haven’t had an International Director from our district sine 1986. That’s 35 years. Let’s make every vote count for TJ!

Reminders

Lions Global Causes

Please continue to identify and recruit new members and join with other clubs and organizations in community service. Our global causes need our helping hands:

- Vision
- Diabetes awareness
- Hunger
- Environment
- Disaster Relief
- Childhood Cancer

Report Your Club Service – Newsletter and MyLion

When you serve let us know. We want to celebrate your stories in our monthly newsletters on our district website and our Facebook page. Send pictures, pictures, pictures!

When Can I Visit?

I’m looking forward to meeting with your club as soon as you’re ready. Please let me now when you have an open date and I’ll do my best to join you.

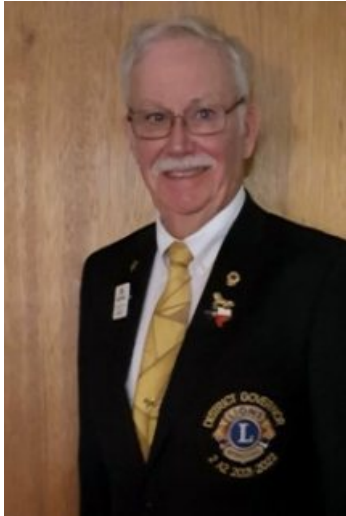
Enjoy your family and community, stay healthy, reach out to those in need in your community, enjoy your service and persevere.

Stay hydrated,

Lion David

Governor Dave Splitek

PS I wondered why music was coming from my printer. Apparently, the paper was jamming.



Dear Fellow Lions,

March is “Save our Sight month and this is an important emphasis of Lionism. At our International Convention in Cedar Park, Ohio in 1925 keynote speaker Helen Keller challenged the Lions to be “Knights of the Blind” and we took it seriously.

We usually have a Casino Night and Stride for Sight event sponsored by the Lion Sight Research Foundation to commemorate the month. This year because of the pandemic we had to cancel these but hope that we can reschedule them for possibly August. Keep listening for details. Invite the President and COO of LSRF, Lion Sam Pantusa, to speak to your club about the work of LSRF. He is always great to listen to.

We also have other activities. The district has a group of dedicated Lions that are doing eye screening in schools and other places where they can get an invite. They can always use more volunteers to help with the screening. Ask Lion Ken Book or one of the members of the group about training if you are interested in helping. We have a Mobile Eye Screening Unit (MESU) overseen by PDG Christ Lloyd. You can go to our district website and fill out the MESU request form to schedule a visit.

Another program that Lions participate in is collecting used eyeglasses that are rejuvenated at the Texas Lions Eyeglasses Recycling Center in Midland. You can get a Lions eyeglasses recycling box or create your own. Put these in public places and collect used eyeglasses. We collect the eyeglasses at our Cabinet meetings and other times during the year. Since the beginning of the pandemic, we had a couple of drive thru eyeglasses collections. We can bring the eyeglass collection trailer anywhere in the district where it is needed.

We have several activities in the district to support our Save our Sight theme and these go on throughout the year. Be a part of the vision.

Let me close with the LSRF Mission Statement:

“The mission of the District 2A2 Lions Sight Research Foundation is to enhance the worldwide sight conservation efforts of Lions Club International by supporting research to find cures for disease of the eye and to provide vision related service programs. “

I hope to see you soon.

Lion Doug

1VDG Doug Thomas

Tell Us What You Are Doing

We want our District newsletter to feature more of the wonderful work being done by each of the Lions Clubs in District 2-A2. Please send in articles about your service projects, fundraisers, installations, and member recognitions for inclusion in the monthly newsletter to newsletter@district2a2.org. Articles must be submitted by the 25th of the month to be included in the following month's newsletter.

Celebrating Club Anniversaries

We continue to recognize the heritage of our Lions Clubs in District 2-A2, countless hours of service, fellowship and community support. It's important to acknowledge the many years of contributions our clubs have made to our communities. We had no clubs with February charter anniversaries but a large number in March. Here are the late March anniversaries. **Happy Anniversary** for the month of March.

Congratulations to our clubs on their anniversaries, young and old. Keep up the great work. Your communities are counting on you and our district appreciates the way you continue to stay the course!

Late March:

Club	Charter Date	Years
LEAKEY	03/11/1948	73
CONVERSE	03/11/1949	72
UTOPIA	03/19/1948	73
SAN ANTONIO NORTHWEST	03/22/1951	70
SAN ANTONIO HARLANDALE	03/23/1942	79

Calendar of Upcoming Events:

Cabinet and Convention Dates:

District Convention	May 7-8th	San Antonio, TX
State Convention	May 20-22nd	Waco, TX
International Convention – Virtual	June 25-29th	Montreal, Canada

Club and Other Events:

SA Westside Lions and 2VDG Steve Mays highlighted in LION Magazine



LCI's LION Magazine, Winter 2021 includes a story from the SA Westside Lions Club on page 47 of the printed version.

The Westside Lions collected 1,496 pairs of glasses that were picked up by none other than 2VDG Steve Mays and his trusty eyeglass trailer.

Way to go Westside Lions and VDG Steve!!

2020/2021 District 2A-2 Convention



Attention District 2-A2 Lions!

CONVENTION NEWS:

- **Date Change:** Friday evening May 7, Saturday May 8
- **Location Change:** Embassy Suites by Hilton at Brooks City Base
- New Hotel, spacious meeting rooms, free breakfast for hotel guests
- Friday night Lions Clubs corn hole tournament – bring your best "tossers"
- **Saturday awards banquet:**
 - OFY Contest Winners
 - District 2-A2 Hall of Fame
 - Butler Awards
- Delegate voting for District and Board Officers and Constitution update
- Pass the Gavel to welcome DGE
- Early Bird prices until March 1

[Registration and More Information](#)

2021 Texas State Lions Convention

WAC 2021
TEXAS LIONS STATE CONVENTION • MAY 20-22

Leave the driving to us! Free shuttle bus to & from the Hilton to event.
DON'T FORGET YOUR BOOTS!

PLEASE JOIN US FOR A
KICK-OFF WELCOME CELEBRATION

BARBECUE
on the Brazos

Free!

THURSDAY, MAY 20
6:30 P.M.

YOU'LL ENJOY WACO HOSPITALITY AT THE HISTORIC TEXAS RANGER HALL OF FAME AND MUSEUM (FREE MUSEUM TOURS BEFORE 7:00 P.M. TOO)!

LIVE MUSIC FROM TEXAS COUNTRY MUSIC ASSOCIATION'S 2019 FEMALE ENTERTAINER OF THE YEAR
HOLLY TUCKER

VITEK'S WORLD-FAMOUS BBQ & SIDES

DR PEPPER & BIG RED ICE CREAM FLOATS (SUGAR-FREE AVAILABLE)

GREAT FELLOWSHIP & FUN WITH LOTS O' TEXAS LIONS!

You won't want to miss this lively start to our 2021 state convention! Register online at TexasLions.org or by mail before February 12 to get the Early Bird rate!

QUESTIONS? SEND AN EMAIL TO TEXASLIONS2021@GMAIL.COM

The Lions of District 2-X3 continue working hard to plan a wonderful Texas State Lions Convention for you to enjoy in Waco in May 2021! Unless we are not allowed to host our gathering due to Covid-19, convention plans are still in full swing and we look forward to seeing you in May!

Waco's history is rich—with numerous Native American settlements and Chisholm Trail cattle drives across the Brazos, not to mention plenty of cowboy and Texas Ranger history. It's also the birthplace of Dr Pepper and Big Red, Baylor University, the Waco Mammoth National Monument and the world class Cameron Park Zoo. Waco is home to plenty of antique shops and unique shopping venues, too (including Chip and Joanna Gaines' growing Magnolia empire. There is plenty to see and do in Waco for all ages and interests.

In addition to events to be held at the beautiful and spacious Waco Convention Center, you'll have plenty of time to enjoy Waco's history, dining scene, shopping and warm hospitality on the banks of the Brazos River. Register now for what promises to be an enjoyable Texas Lions State Convention!

Don't hesitate to contact us via email TexasLions2021@gmail.com if you have questions or need more information. For the latest on convention plans, be sure to like and visit our Facebook page often (Facebook/Texas Lions 2021)

Updated information and registration links will be posted on the MD-2 website: <https://texaslions.org/stateconvention-2021/>

Lions Clubs International Convention Will Be Virtual

Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Here are some important details about the 2021 convention we would like to share with you now:

- Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- Lions who are currently registered for convention will receive an email soon with more information about their registration options.
- Executive officer and international director elections will be conducted electronically and voting procedures will be forthcoming.
- Convention updates and details will be posted here at lcon.lionsclubs.org as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

[LCIcon Website](http://lcon.lionsclubs.org)

Alamo Heights Lions Club



Stuff the Trunk Project for the Ronald McDonald House



New Ronald McDonald House



Seating Area and View of Outside Playground



Seating area and View of Inside Playroom



Kitchen and Dining Room



In a Parking Lot "Taking Care of Business." Club Secretary receiving a New Member Application!

San Antonio Founder Lions Club

Another wonderful day to serve our community! The San Antonio Founder Lions Club donated 12 cycles to Morgan's Wonderland Camp. We received a private tour of the camp under construction by Mr. Gordon Hartman, Morgan Hartman, Will, Sarah and Michelle







Please pass this along to family and friends that may benefit.

I'll bet you know someone who should know about this.

The Lions Sight Research Foundation and Lions Club Members throughout our area are working with Texas Diabetes Institute to invite individuals who have been diagnosed with Pre-Diabetes or are not yet diagnosed but may have genetic or other indicators (high blood pressure, weight issues...) that may lead to a diagnosis, to join a study.

Candidates for the study would be between 18 and 65 years of age.

See the flyer and Pre-Diabetes Risk Test, below, to determine if you could be a candidate.

For more information call TDI at (210)358 7200.

Those who are Pre-Diabetic, have the potential to be diagnosed with Diabetes within a few years without taking proper steps

ARE YOU AT RISK FOR DIABETES?

WE ARE LOOKING FOR CANDIDATES WHO ARE:

- 18 TO 65 YEARS OF AGE
- HAVE BEEN DIAGNOSED WITH PRE-DIABETES, OR
- ARE OVERWEIGHT WITH FAMILY HISTORY OF TYPE 2 DIABETES, OR
- HAD DIABETES DURING PREGNANCY

UT Health
San Antonio

FOR MORE INFORMATION, PLEASE CALL
DIABETES RESEARCH CENTER TEXAS DIABETES INSTITUTE
(210) 358-7200
PRINCIPAL INVESTIGATOR: RALPH A. DEFONZO, MD

Prediabetes Risk Test

NATIONAL DIABETES PREVENTION PROGRAM

1. How old are you?

- Younger than 40 years (0 points)
- 40–49 years (1 point)
- 50–59 years (2 points)
- 60 years or older (3 points)

Write your score in the boxes below

2. Are you a man or a woman?

- Man (1 point)
- Woman (0 points)

3. If you are a woman, have you ever been diagnosed with gestational diabetes?

- Yes (1 point)
- No (0 points)

4. Do you have a mother, father, sister, or brother with diabetes?

- Yes (1 point)
- No (0 points)

5. Have you ever been diagnosed with high blood pressure?

- Yes (1 point)
- No (0 points)

6. Are you physically active?

- Yes (0 points)
- No (1 point)

7. What is your weight category?

(See chart at right)

Height	Weight (lbs.)		
4'10"	119-142	143-190	191+
4'11"	124-147	148-197	198+
5'0"	128-152	153-203	204+
5'1"	132-157	158-210	211+
5'2"	136-163	164-217	218+
5'3"	141-168	169-224	225+
5'4"	145-173	174-231	232+
5'5"	150-179	180-239	240+
5'6"	155-185	186-246	247+
5'7"	159-190	191-254	255+
5'8"	164-196	197-261	262+
5'9"	169-202	203-269	270+
5'10"	174-208	209-277	278+
5'11"	179-214	215-285	286+
6'0"	184-220	221-293	294+
6'1"	189-226	227-301	302+
6'2"	194-232	233-310	311+
6'3"	200-239	240-318	319+
6'4"	205-245	246-327	328+
	1 Point	2 Points	3 Points
	You weigh less than the 1 Point column (0 points)		

Total score:

Adapted from Bang et al., Ann Intern Med 151:775-783, 2009. Original algorithm was validated without gestational diabetes as part of the model.

If you scored 5 or higher

You are at increased risk for having prediabetes and are at high risk for type 2 diabetes. However, only your doctor can tell for sure if you have type 2 diabetes or prediabetes, a condition in which blood sugar levels are higher than normal but not high enough yet to be diagnosed as type 2 diabetes. **Talk to your doctor to see if additional testing is needed.**

If you are African American, Hispanic/Latino American, American Indian/Alaska Native, Asian American, or Pacific Islander, you are at higher risk for prediabetes and type 2 diabetes. Also, if you are Asian American, you are at increased risk for type 2 diabetes at a lower weight (about 15 pounds lower than weights in the 1 Point column). Talk to your doctor to see if you should have your blood sugar tested.

You can reduce your risk for type 2 diabetes

Find out how you can reverse prediabetes and prevent or delay type 2 diabetes through a **CDC-recognized lifestyle change program** at <https://www.cdc.gov/diabetes/prevention/lifestyle-program>.

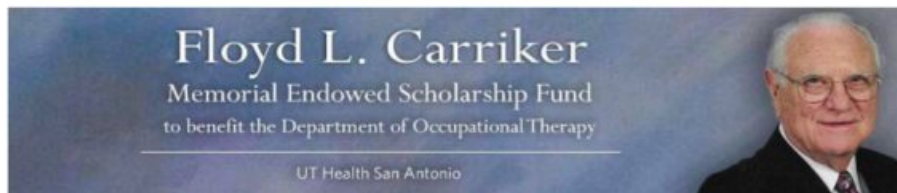




A MATTER of LEGACY

As Lions, all of us have been able to demonstrate our desire to serve others both in individual ways and collectively with fellow Club members. Many of us have proudly worn our vests for decades. What follows is an example of how one fellow Lion who wore his vest for over 50 years felt that his passion for helping others need not end with his passing. As a true “Knight of the Blind”, he set aside a generous gift to be used by the **District 2-A2 Lions Sight Research Foundation** to continue the 40 year Foundation tradition of service to the visually impaired of our community.

The following will soon begin to appear as a notification to UT Health San Antonio faculty and students:



The **Floyd L. Carriker Memorial Endowed Scholarship Fund** was established in August 2020 to honor Lion **Floyd's memory** by fellow Lions Club members in South Central Texas through their Lions Sight Research Foundation.

Funds distributed from the endowment will directly support scholarships for second- and third-year students enrolled in the Doctor of Occupational Therapy (OTD) program who possess a strong interest in and/or demonstrate clinical involvement with patients in the area of low vision rehabilitation.

Floyd L. Carriker was born on July 16, 1914, in Mineral Wells, Texas. He attended schools in Lubbock, San Angelo, and Mineral Wells. During his time in high school, he worked in drug stores, which spurred his interest in eventually opening his own pharmacy. He attended Capital College of Pharmacy and passed the certification exam on the first attempt.

During World War II, Carriker volunteered for the United States Navy and served as a Pharmacist Mate First Class. He was stationed at Naval Air Station Jacksonville and later served in the Pacific and Asiatic seas as part of the Sixth Fleet. After an honorable discharge, Carriker returned to Houston, Texas, and launched his career in the pharmacy business. After moving to Kerrville, Texas, Carriker was a dedicated member of the Kerrville Sunrise Lions Club, where he faithfully served for over five decades. Lion Floyd volunteered countless hours on behalf of others. His service covered myriad community needs, but aiding the visually impaired and disabled children were chief among his passions.

Floyd was married to Mary Alice Henderson in 1940 until her passing in 1992; he married Lynn DeVille in 2001 and was widowed in 2018. He had two sons, George and Robert Carriker, and many nieces, nephews, and stepchildren. Carriker passed away peacefully on December 21, 2019. The Floyd L. Carriker Memorial Endowed Scholarship Fund will last in perpetuity as a reflection of his community-driven spirit and dedication to serving those within the low vision community.

We would ask that you consider how a Planned Giving gift can continue your Legacy of Service. No gift is too small.

Lions Sight Research Foundation – Contact PDG Sam Pantusa (210) 326 3915 email: lsrf.sam@gmail.com
4502 Centerview, Suite 120 San Antonio, Tx 78228

amazon smile

**You shop. Amazon gives
to the L.S.R.F.**



Shop Amazon Help the L.S.R.F

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Lions Sight Research Foundation by starting your shopping at smile.amazon.com/ch/74-2471313



For more information about the L.S.R.F. please visit our website at: LionsSightResearch.org