



# Lions District 2-A2 Newsletter



Issue 8 – February 2021

## Collaborative and Compassionate Service Builds Communities

### District 2-A2 Cabinet

#### District Governor

David Splittek  
210-279-1183  
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SA Founder Lions Club

#### 1<sup>st</sup> Vice-District Governor

Doug Thomas  
[dthomas1225@hotmail.com](mailto:dthomas1225@hotmail.com)  
SA Alamo Heights Lions Club

#### 2<sup>nd</sup> Vice-District Governor

Steve Mays  
[texasdays@gmail.com](mailto:texasdays@gmail.com)  
La Vernia Lions Club

#### District 2-A2 Secretary

Rose Ann Barajas  
[barajasr@uthscsa.edu](mailto:barajasr@uthscsa.edu)  
SA Edgewood Lions Club

#### District 2-A2 Treasurer

Irene Guzman  
[treasurer@district2a2.org](mailto:treasurer@district2a2.org)  
SA Founder Lions Club

#### Immediate Past District Governor

Juanita “Janie” Garza  
210-643-3217  
[jgarza070@gmail.com](mailto:jgarza070@gmail.com)

*"The highest result of education is tolerance."*

### Helen Keller

Welcome to February Fellow Lions! Thanks for taking time to attend our virtual mid-winter conference this year. I hope that you enjoyed the information, especially the presentation by Dr. Thomas Patterson regarding COVID-19.



**Meetings** – I’m optimistic that as the tempo of COVID-19 vaccinations increase that you and your club members will find ways to turn on the lights, reengage members and community, and continue to serve. We’ve lost 118 members since July so please take time to stay in touch with your members, check in regularly and look for ways to keep them involved in meaningful service activities. While we had losses our clubs also added 39 members in the same seven months. Let’s keep that momentum going.

**Zone Chairpersons**

**Zone 1**

**PDG Don Kirchoff**

[drkhek@hctc.net](mailto:drkhek@hctc.net)

Comfort Lions Club

**Zone 2**

**Matt Wyatt**

[matthewcwyatt@yahoo.com](mailto:matthewcwyatt@yahoo.com)

Uvalde Lions Club

**Zone 3**

**Jeff Chicoine**

[Jeff.chicoine.f261@statefarm.com](mailto:Jeff.chicoine.f261@statefarm.com)

Pleasanton Lions Club

**Zone 4**

**Kenneth Duncan**

[duncan@bluetopcompanies.com](mailto:duncan@bluetopcompanies.com)

Laredo Noon Lions Club

**Zone 5**

**Josh Overfelt**

[Josh.overfelt@gmail.com](mailto:Josh.overfelt@gmail.com)

Del Rio San Felipe Lions Club

**Zone 6**

**Jeffrey Almoney**

[lionjeffrey@att.net](mailto:lionjeffrey@att.net)

SA Hill Country Retreat Lions Club

**Zone 7**

**Steve Medina**

[smedina@fcbtxlaw.com](mailto:smedina@fcbtxlaw.com)

SA West Side Lions Club

**Zone 8**

**Earnest Hamilton**

[earnest.hamilton@gmail.com](mailto:earnest.hamilton@gmail.com)

SA Alamo City Lions Club

**Zone 9**

**Norman Fulkerson**

[nfulkerson@satx.rr.com](mailto:nfulkerson@satx.rr.com)

SA Alamo Heights Lions Club

**Service** - Thank you to all the clubs out there serving your communities and documenting and reporting service on *MyLion* at the Lions Clubs International website. This past month 19 clubs reported service on *MyLion*, or 27% of our clubs district wide. We're steadily increasing our reporting. Join the process. Let's see if we can reach 50% by the end of February 2021. Here are the reporting clubs so far:

**Bandera**

**Centerpoint**

**Comfort**

**Converse**

**Del Rio San Felipe**

**Devine**

**Eagle Pass Border**

**Floresville**

**Kerrville Heart O' the Hills**

**Kerrville Host**

**Kerrville Sunrise**

**Leakey**

**SA Alamo Heights**

**SA First Ladies**

**SA Founder**

**SA Hill Country**

**Retreat**

**SA Northside**

**SA Northwest**

**SA Windcrest**

**Fundraising** - District 2-A2 has pledged/raised \$54,200 toward a goal of \$125,000 in just a few months. Thanks for all contributions to this worthy cause. Let's finish our state museum!

**Membership** - Our club membership dropped again this month to -79 (net) through January 31. Our district ranks 13th among 16 districts in net growth/loss through January. The following clubs have positive membership growth for the year:

- **Bandera +4**
- **Del Rio San Felipe +1**
- **Eagle Pass Border +1**
- **Floresville +3**
- **Kerrville Sunrise +2**
- **SA Northside +1**
- **Stockdale +2**

**Board Chairpersons**

**Children's Services Board**

**Chair: Ken Book**

[Kbook0@hotmail.com](mailto:Kbook0@hotmail.com)

SA Region 20 Lions Club

**Human Needs Board**

**Chair: Joseph Guerra**

[Joemg3@yahoo.com](mailto:Joemg3@yahoo.com)

SA Edgewood Lions Club

**Lions Sight Research**

**Foundation**

**Chair: PDG Rod**

**Chisholm**

[ccclancy@sbcglobal.net](mailto:ccclancy@sbcglobal.net)

SA Founder Lions Club

Congratulations to each of these clubs and to all clubs that added members since July. **We need the help of every club and every club member to recruit at least one new member and retain our current members during this third quarter.**

**District Convention** - Yes!! We will have a district convention this year and hope that you're ready to rekindle fellowships with Lions in and outside your community. Here are the details in brief. We'll have greater detail and registration forms available in the next few days:

**WHAT:** District 2-A2 Annual Convention

**WHEN: (NOTE CHANGE)** Friday evening May 7 and Saturday May 8, 2021

**WHERE: (NOTE CHANGE)** Embassy Suites by Hilton San Antonio Brooks Hotel & Spa, 7610 S New Braunfels Ave, San Antonio, TX 78235, USA

Our previous location was no longer available. We moved to a later date to allow more people to take advantage of the COVID-19 vaccine. Our new venue is much larger and easily accommodates all local and state health and social distancing requirements. We will have the only event in the hotel for the weekend.

**International Convention** – I'm sure that you received notice that our international convention this year will be online instead of in Montreal, Canada. This is really good news because the registration fee is now only \$50. This is our chance to be present at the convention and to give our full support to our candidate for International Director: **PCC Ernesto "TJ" Tijerina.**

Please register yourself and encourage your club members to register for the International Convention. Let's close the deal and elect **PCC TJ Tijerina** as an International Director. The registration link will open later this month at this address: <https://lclcon.lionsclubs.org/>

## **Reminders**

### **Lions Global Causes**

Let's continue to identify and recruit new members and join with other clubs and organizations to serve. Our global causes need our helping hands:

- Vision
- Diabetes awareness
- Hunger
- Environment
- Disaster Relief
- Childhood Cancer

### **Report Your Club Service – Newsletter and MyLion**

When you serve let us know. We want to celebrate your stories in our monthly newsletters and on our district website. Send pictures, pictures, pictures!

### **When Can I Visit?**

I'm looking forward to meeting with your club as soon as you're ready. Please let me know when you have an open date and I'll do my best to join you.

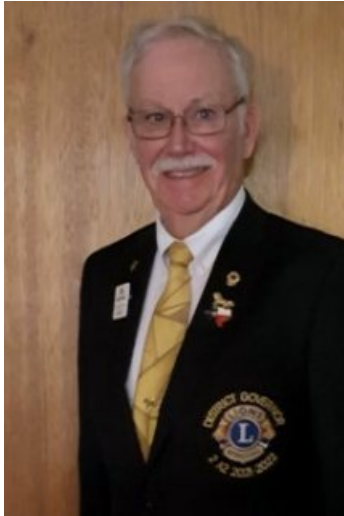
Enjoy your family and community, stay healthy, reach out to those in need in your community, enjoy your service and persevere.

Stay hydrated,

*Lion David*

Governor Dave Splitek

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## **Dear Fellow Lions,**

As most of you know the Polar Bear Plunge scheduled for January 1 was canceled because of concerns caused by the COVID19 pandemic. The over \$230,000 that was raised for the Plunge will still go into the building fund and PDG Kent Basinger will take the plunge the first Saturday in February during the TLC board meeting and it will be live streamed to the board meeting.

So far, the only part of the construction project to rebuild that which was damaged by the storms last March has been tearing down of bunkhouse #2. Decisions about camp next summer need to be made before plans can move forward. As of now plans are to open summer camp registration on February 8. Those plans could change after the TLC Board meeting on February 6 but are a go for now. Camp workdays are still scheduled for the first weekends of March, April, and May in anticipation of the summer camp opening in June. Sign up now.

Even before the storms of last spring the executive board of the camp had developed a Master Plan to replace those bunkhouses that need to be replaced and repurpose others. There is also a need to resolve housing shortages - housing shortages for VIP guests, medical staff, professional staff, and seasonal staff facilities. The Initial and Lion Range Plans group have worked on these situations.

As is the policy of TLC no work will be begun until we have money in hand. The camp board has had to use reserve funds to start replacing that that needs to be replaced now. These funds will need to be replaced as well as moving forward. If you have contacts with foundations or others who donate to nonprofits send that information to your fellow Lion Milton Dare, the Director of Development for the camp. He has done great work to raise money for TLC in his position as Director of Development and is ready and willing to visit with any prospective donors. He does a great presentation and will gladly come visit your group.

I invite you to go to the camp website [lionscamp.com](http://lionscamp.com) to see an overview of the plans for the future of TLC. Go to Get Involved at the top of the page. Go down to **“Goals and Objectives of the Plan”**. If you want to see the more detailed report of the Long-Range Planning group look right under “Goals and Objectives” to see the Master Plan Report. It is about 77 pages long.

The plan is to create four different camping areas and being able to have more than one camp going on at the same time. TLC also wants to be able to develop more of the real estate where TLC is located. We have about 520 acres that are available. TLC will celebrate our 75th anniversary in 2024 and it would be great to have new facilities in place for the celebration.

If you have any questions you can talk to me, or one of our two TLC Elected Directors Lion Allie Thomas or Lion Tim Flick. You can also call TLC at 830-896-8500.

The pandemic has made things a little difficult, but we can get through this together.

*Lion Doug*

1VDG Doug Thomas

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## Celebrating Club Anniversaries

We continue to recognize the heritage of our Lions Clubs in District 2-A2, countless hours of service, fellowship and community support. It's important to acknowledge the many years of contributions our clubs have made to our communities. We have no clubs with February charter anniversaries but a large number in March. Here are the early March anniversaries. We'll pick up the rest next month. **Happy Anniversary** for the month of March.

Congratulations to our clubs on their anniversaries, young and old. Keep up the great work. Your communities are counting on you and our district appreciates the way you continue to stay the course!

### Early March:

Club	Charter Date	Years
SAN ANTONIO WINDCREST	03/02/1976	44
LAREDO NOON HOST	03/03/1922	98
DEL RIO HOST	03/05/1928	92
CRYSTAL CITY	03/05/1951	69
HONDO	03/06/1940	80
CARRIZO SPRINGS	03/07/1940	80

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### Tell Us What You Are Doing

We want our District newsletter to feature more of the wonderful work being done by each of the Lions Clubs in District 2-A2. Please send in articles about your service projects, fundraisers, installations, and member recognitions for inclusion in the monthly newsletter to [newsletter@district2a2.org](mailto:newsletter@district2a2.org). Articles must be submitted by the 25th of the month to be included in the following month's newsletter.

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## Calendar of Upcoming Events:

### Cabinet and Convention Dates:

District Convention	May 7-8th	San Antonio, TX
State Convention	May 20-22nd	Waco, TX
International Convention	June 25-29th	Virtual

### Club and Other Events:

Opportunities for Youth Contest	April 10th	TBD
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## **Lions Clubs 2021 International Convention Will Be Virtual**

Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Here are some important details about the 2021 convention we would like to share with you now:

- Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- Lions who are currently registered for convention will receive an email soon with more information about their registration options.
- Executive officer and international director elections will be conducted electronically and voting procedures will be forthcoming.
- Convention updates and details will be posted here at [lcon.lionsclubs.org](http://lcon.lionsclubs.org) as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

## Hill Country Retreat Lions Club and Wreaths Across America

The HCR Lions Club/HCR Lions Foundation sponsored Wreaths for Wreaths Across America at Fort Sam Houston National Cemetery. The HCR Lions Club sponsored Section 12A. The total number of wreaths sponsored were 266 (69 grave specific/ 197 general).

On December 18, 2020, Twenty HCR Lions Club volunteers and members helped unload several Semitrailers and then placed 470 wreaths. The wreaths covered Sections 11A and 12A, grave specific, and additional graves in the vicinity of Section 12A. On January 16, 2021, ten volunteers and members, cleared over 1000 wreaths from the graves in Sections 11A, 12A, 12, 23, 24, 27, 28, and 30 and moved them to the disposal area. In addition, wreaths were loaded for transport from Sections 25, 29, 31, and 32.

Even with the COVID-19 protocols, the Wreaths Across America project at Ft. Sam Houston National Cemetery and other Cemeteries across America, successfully honored those who have served their country.



## San Antonio West Side Lions Club

The San Antonio West Side Lion's Club hosted a Christmas Event. We Serve is the Lion motto and that's what West Side Lions were doing. Our club adopted three families from the Madonna Center. Each Lion took a child and spent \$75.00 on clothes and toys. The Lions that didn't get a child donated \$75.00 H E B gift card.

So proud to belong to this club with its big-hearted members. To limit exposure, only four Lions delivered the gifts our President Ernesto, Lions Greg, Jodie and RoseMary. A special addition was handmade scarves donated by a friend of West Side. The children loved them.

*Lion Floyd Daigle*





## San Antonio Founder Lions Club

### SAFLC Lions and Helpers Assemble Final Five Cycles

On Saturday, January 23, 2021, San Antonio Founder Lions Club members and extra helpers met and assembled the final five cycles in our Cycles for Life initiative. The following Lions and family members participated: Lion Immediate Past President Eric Flores, his son Christian, Lions Patrick Porras, Faith Porras, Irene Guzman-Castillo, Gabe Castillo, Roger Rigal, his wife Kim, 2nd VP Lion Pat Guerra and her husband Johnny.

**Special thanks to all SAFLC Lions and helpers to contributed to the success of this project.** In 2020, year one of the COVID-19 pandemic, 10 club members who comprised the core of the determined workers assembled 36 cycles. COVID impacted both the assembly process, but also identifying recipients and arranging times and locations for delivery.





Please pass this along to family and friends that may benefit.

I'll bet you know someone who should know about this.

The Lions Sight Research Foundation and Lions Club Members throughout our area are working with Texas Diabetes Institute to invite individuals who have been diagnosed with Pre-Diabetes or are not yet diagnosed but may have genetic or other indicators (high blood pressure, weight issues...) that may lead to a diagnosis, to join a study.

Candidates for the study would be between 18 and 65 years of age.

See the flyer and Pre-Diabetes Risk Test, below, to determine if you could be a candidate.

For more information call TDI at (210)358 7200.

Those who are Pre-Diabetic, have the potential to be diagnosed with Diabetes within a few years without taking proper steps

**ARE YOU AT RISK FOR DIABETES?**

**WE ARE LOOKING FOR CANDIDATES WHO ARE:**

- 18 TO 65 YEARS OF AGE
- HAVE BEEN DIAGNOSED WITH PRE-DIABETES, OR
- ARE OVERWEIGHT WITH FAMILY HISTORY OF TYPE 2 DIABETES, OR
- HAD DIABETES DURING PREGNANCY

**UT Health**  
San Antonio

FOR MORE INFORMATION, PLEASE CALL  
DIABETES RESEARCH CENTER TEXAS DIABETES INSTITUTE  
**(210) 358-7200**  
PRINCIPAL INVESTIGATOR: RALPH A. DEFONZO, MD

# Prediabetes Risk Test

**NATIONAL DIABETES PREVENTION PROGRAM**

## 1. How old are you?

- Younger than 40 years (0 points)
- 40–49 years (1 point)
- 50–59 years (2 points)
- 60 years or older (3 points)

Write your score in the boxes below

## 2. Are you a man or a woman?

- Man (1 point)
- Woman (0 points)

## 3. If you are a woman, have you ever been diagnosed with gestational diabetes?

- Yes (1 point)
- No (0 points)

## 4. Do you have a mother, father, sister, or brother with diabetes?

- Yes (1 point)
- No (0 points)

## 5. Have you ever been diagnosed with high blood pressure?

- Yes (1 point)
- No (0 points)

## 6. Are you physically active?

- Yes (0 points)
- No (1 point)

## 7. What is your weight category?

(See chart at right)

Total score:

Height	Weight (lbs.)		
4'10"	119-142	143-190	191+
4'11"	124-147	148-197	198+
5'0"	128-152	153-203	204+
5'1"	132-157	158-210	211+
5'2"	136-163	164-217	218+
5'3"	141-168	169-224	225+
5'4"	145-173	174-231	232+
5'5"	150-179	180-239	240+
5'6"	155-185	186-246	247+
5'7"	159-190	191-254	255+
5'8"	164-196	197-261	262+
5'9"	169-202	203-269	270+
5'10"	174-208	209-277	278+
5'11"	179-214	215-285	286+
6'0"	184-220	221-293	294+
6'1"	189-226	227-301	302+
6'2"	194-232	233-310	311+
6'3"	200-239	240-318	319+
6'4"	205-245	246-327	328+
	<b>1 Point</b>	<b>2 Points</b>	<b>3 Points</b>
	You weigh less than the 1 Point column (0 points)		

Adapted from Berg et al., Ann Intern Med 131:775-783, 2009. Original algorithm was validated without gestational diabetes as part of the model.

### If you scored 5 or higher

You are at increased risk for having prediabetes and are at high risk for type 2 diabetes. However, only your doctor can tell for sure if you have type 2 diabetes or prediabetes, a condition in which blood sugar levels are higher than normal but not high enough yet to be diagnosed as type 2 diabetes. **Talk to your doctor to see if additional testing is needed.**

*If you are African American, Hispanic/Latino American, American Indian/Alaska Native, Asian American, or Pacific Islander, you are at higher risk for prediabetes and type 2 diabetes. Also, if you are Asian American, you are at increased risk for type 2 diabetes at a lower weight (about 15 pounds lower than weights in the 1 Point column). Talk to your doctor to see if you should have your blood sugar tested.*

### You can reduce your risk for type 2 diabetes

Find out how you can reverse prediabetes and prevent or delay type 2 diabetes through a **CDC-recognized lifestyle change program** at <https://www.cdc.gov/diabetes/prevention/lifestyle-program>.

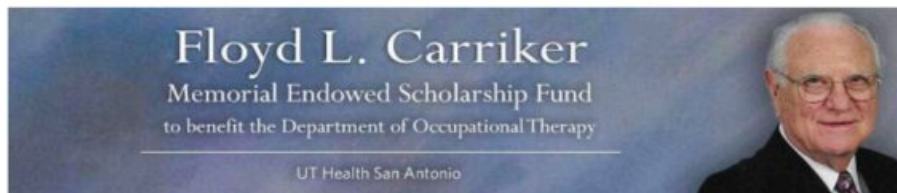




## ***A MATTER of LEGACY***

As Lions, all of us have been able to demonstrate our desire to serve others both in individual ways and collectively with fellow Club members. Many of us have proudly worn our vests for decades. What follows is an example of how one fellow Lion who wore his vest for over 50 years felt that his passion for helping others need not end with his passing. As a true “Knight of the Blind”, he set aside a generous gift to be used by the **District 2-A2 Lions Sight Research Foundation** to continue the 40 year Foundation tradition of service to the visually impaired of our community.

The following will soon begin to appear as a notification to UT Health San Antonio faculty and students:



The **Floyd L. Carriker Memorial Endowed Scholarship Fund** was established in August 2020 to honor Lion **Floyd’s memory** by fellow Lions Club members in South Central Texas through their Lions Sight Research Foundation.

Funds distributed from the endowment will directly support scholarships for second- and third-year students enrolled in the Doctor of Occupational Therapy (OTD) program who possess a strong interest in and/or demonstrate clinical involvement with patients in the area of low vision rehabilitation.

Floyd L. Carriker was born on July 16, 1914, in Mineral Wells, Texas. He attended schools in Lubbock, San Angelo, and Mineral Wells. During his time in high school, he worked in drug stores, which spurred his interest in eventually opening his own pharmacy. He attended Capital College of Pharmacy and passed the certification exam on the first attempt.

During World War II, Carriker volunteered for the United States Navy and served as a Pharmacist Mate First Class. He was stationed at Naval Air Station Jacksonville and later served in the Pacific and Asiatic seas as part of the Sixth Fleet. After an honorable discharge, Carriker returned to Houston, Texas, and launched his career in the pharmacy business. After moving to Kerrville, Texas, Carriker was a dedicated member of the Kerrville Sunrise Lions Club, where he faithfully served for over five decades. Lion Floyd volunteered countless hours on behalf of others. His service covered myriad community needs, but aiding the visually impaired and disabled children were chief among his passions.

Floyd was married to Mary Alice Henderson in 1940 until her passing in 1992; he married Lynn DeVille in 2001 and was widowed in 2018. He had two sons, George and Robert Carriker, and many nieces, nephews, and stepchildren. Carriker passed away peacefully on December 21, 2019. The Floyd L. Carriker Memorial Endowed Scholarship Fund will last in perpetuity as a reflection of his community-driven spirit and dedication to serving those within the low vision community.

We would ask that you consider how a Planned Giving gift can continue your Legacy of Service. No gift is too small.

***Lions Sight Research Foundation*** – Contact PDG Sam Pantusa (210) 326 3915 email: [lsrf.sam@gmail.com](mailto:lsrf.sam@gmail.com)  
4502 Centerview, Suite 120 San Antonio, Tx 78228

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to the L.S.R.F.**



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- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Lions Sight Research Foundation by starting your shopping at [smile.amazon.com/ch/74-2471313](https://smile.amazon.com/ch/74-2471313)



For more information about the L.S.R.F. please visit our website at: [LionsSightResearch.org](https://LionsSightResearch.org)