



Lions District 2-A2 Newsletter



"It's Great To Be A Lion"

Issue 10 ~ April 2019



My Fellow Lions,

Hope to see you at the District Convention! Time for fellowship and celebrate your accomplishments that you have done for Our Great District! Do not let others tell you how it was; come and see for yourself!

Fellow lions, Thank you for the support and what you have done for Our Great District! Congratulations lions as we are having a Positive Year in our District in Membership Growth, Retention and Recruiting.

Are you ready for our Big Event? Our 60th District Convention in Del Rio, Tx. Let us come to this Lion celebration (Fun time)! **Hope to see you there!** The Del Rio San Felipe Lions are putting a very special event for Our Lions from this GREAT

District! **FREE REGISTRATION, Great Speakers, and Great Meals!**

A reminder: Time to come and vote. Our District has an opportunity to have one of our own, PCC Ernesto TJ Tijerina become our International Director from Texas. With our support, we can make this happen. **We need for every club in the district to come to the District Convention in Del Rio, Texas on April 5-6, 2019 with their club delegates and vote for Lion TJ for International Director.** Let us continue with the great support throughout the year. As of today, Lion TJ has received a Resolution of Endorsement from 14 of the 16 Districts. We want to thank each district for their support for Lion TJ. Check out his website at tjforid.com and Facebook account at [tjforid](https://www.facebook.com/tjforid) **PCC TJ for ID!**

REMINDER: Have your club join the parade of checks and show the spirit of District 2-A2 Spirit of giving at its very best at this event for Our 100% program.

I encourage you to check out Our District Membership Incentive program! The more members we have, the more helping hands we will have doing service and helping the less fortunate in our communities. Invite your friends, fellow employees etc.... to be part of this Great Service Association. Membership and Retention = Growth!

Remember: ALWAYS SMILE; A PERSON LIKES TO BE AROUND HAPPY PEOPLE (Lions)!

Also, keep in mind that you can use these awards to recognize a fellow lion from your club.

It's not too late: Keep in mind that we have Great Speakers that you can invite for club meetings as a guest. We have **TLC:** Lions Allie Thomas & Jorge Villalpando, **LSRF:** PDG Sam Pantusa, **MESU &**

LEOS: PDG Chris Lloyd, **LCIF:** PDG Howie Marbach, **TLF:** PCC Don Peppard, and **IT:** Lion Floyd Daigle.

Our District Globe Action Team is willing to visit our clubs to encourage and promote Leadership Development, Membership Growth and Service. They are a phone call or email or text away... Let us together meet our goals!

Let our new members learn more of what we do in Our Great District. Invite these Great Lions that have the knowledge for each program to encourage others to grow.

I encourage you to keep checking for our updates in our websites for Great information. Check out Our District Directory online at district2a2.org.

Our district2a2.org website page has links to others Lion's websites.

BEYOND THE HORIZON! ... International President Gudrun Yngvadottir

IT'S GREAT TO BE A LION,
DG Roberto Castillo

My Fellow Lions,



I would like to congratulate the District 2-A2 Lions KidSight and School Screening Team for receiving a plaque from the Great Hearts Texas Academies commemorating 5 years of Service for vision and hearing screenings



at their Great Heart schools in San Antonio. It was truly an honor to receive this award for service that we do as Lions. Margaret Mead once said, "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." We, as Lions, do service within our communities almost every day. We do this from our hearts and our sense of helping our communities from which we are a part

of. We do this with no expectations of recognition. When we are given recognition, it is truly an honor and very humbling. Congratulations again, to the KidSight and School Screening Team for your many hours of vision and hearing screenings that you have done in the Head Starts, Pre-K, public and charter schools in our District.



Congratulations to the Lion Sight Research Foundation for having 2 successful events this month. The LSRF held their 1st Annual St. Patrick's Day Fundraising Celebration at the Lion and the Rose. There was good food, dart tournaments, great prizes and best of all, fantastic

fellowship. Thank you all for attending this event. The Lion Sight Research Foundation also held their annual Stride for Sight 5K at Comanche Park #2. This was my first 5K I have walked in. It took way over an hour to walk the whole thing. I would like to thank Lion Earnest Hamilton for sticking with me and for encouraging me to do the whole 3.1 miles. I can now scratch this off my bucket list. Actually, it was never on my bucket list, but now I can put it on there and scratch it off.

As you know, our goal this year is to raise \$35,000 for Stride for Sight. The money raised will be designated for the District 2-A2 KidSight Program. We need to update our equipment, possibly purchasing new Spot devices and making sure our equipment has warranties. Please consider donating to our Stride for Sight this year. We are really in need of updating our vision equipment.

This summer we will have the opportunity to do vision screenings on the children registered for the Texas Lions Camp. We are asking for assistance from Lions Spot certified and from any Lion who would just like to come out and days for vision screening will be every Sunday starting **June 2**, would like to help with vision screening, contact Lion Ken Book by kbook0@hotmail.com. As you can see, having the Spot devices is a for screening so many children. We need to make sure our Spot equipment are updated and ready for our next service projects.



who are help. The **2019**. If you email at viable tool devices and

April is our elections for new club officers. Secretaries, please make sure that you enter the next years officers on MyLCI by April 15, 2019. If you have a club meeting after this date, then enter them as soon as you can. Also, make sure your club officers' information is correct. If you are needing further assistance, do not hesitate to contact me. I will be sending out information on club officer training in April. There are many changes on how you will be reporting your club activities and membership reports. If you have not signed up for our district news flashes, you can do so by going to our District website at district2a2.org.

Our 60th Annual District Convention is on **April 5-6, 2019** in Del Rio, Texas. This convention is very important. We have an opportunity to send one of our own, Past Council Chair, TJ Tijerina and Lion Juanita, to represent our District and the State of Texas as a candidate for International Director. We need each club in District 2-A2 to ensure that your club delegate is in Del Rio on **Saturday, April 6, 2019**. Every vote counts. Make sure your club delegates and your club are in good standing with LCI and our District. Do not forget to send your club delegates and your club alternates names to PDG Cal Lawson at jlawson6@satx.rr.com. If you have any questions regarding your club delegates and how voting will take place, you can contact myself or the District Governor, Roberto Castillo.

I look forward to seeing everyone in Del Rio at the District Convention in April. I also look forward to visiting you and your clubs. If I can be of any assistance, do not hesitate to contact me.

Yours in Service,

Lion Janie Garza

First Vice District Governor 2-A2



When we do the best that we can, we never know what miracle is wrought in our life, or in the life of another.

Helen Keller

Many thanks to all the Lions that came to our Lions Sight Research Foundation (LSRF) Pre-St. Patrick's Day party of March 16th and the same kudos to all the Lions and friends that turned out for our Stride for Sight 5K on March 23rd. Both events were a rousing success. If your club is looking for a place to donate funds our LSRF is a worthy recipient.

April is here and that means our District 2-A2 Convention in Del Rio. We're planning on a great turn out and a great election so

be sure to get your delegates certified and step on over Friday evening to support TJ for ID and then get up early Saturday to vote.

I'VE SPENT MOST OF MY NEWSLETTER SPACE HIGHLIGHTING WAYS TO ADDRESS DIABETES AND THIS MONTH CONTINUES THE STORY. THE SPOTLIGHT FOR APRIL IS MORE TECHNICAL - WHEN TO MONITOR YOUR BLOOD SUGAR. ONCE AGAIN THE MAYO CLINIC EXPERTS HAVE SOME ADVICE THAT WE CAN ALL PASS ALONG TO INCREASE AWARENESS IN EACH OF OUR COMMUNITIES. THIS MONTH'S GREAT ARTICLE IS *DIABETES AND EXERCISE: WHEN TO MONITOR YOUR BLOOD SUGAR*

You can find the article online at:

[HTTPS://WWW.MAYOCLINIC.ORG/DISEASES-CONDITIONS/DIABETES/IN-DEPTH/DIABETES-AND-EXERCISE/ART-20045697](https://www.mayoclinic.org/diseases-conditions/diabetes/in-depth/diabetes-and-exercise/art-20045697)

Exercise is an important part of any diabetes treatment plan. To avoid potential problems, check your blood sugar before, during and after exercise.

Exercise is a crucial component of diabetes management. Exercise can help you:

- Improve your blood sugar levels.
- Boost your overall fitness.
- Manage your weight.
- Reduce your risk of heart disease and stroke.
- Improve your well-being.

But diabetes and exercise pose unique challenges, too. To exercise safely, you'll need to track your blood sugar before, during and after physical activity. This will show you how your body responds to exercise, which can help you prevent potentially dangerous blood sugar fluctuations.

CHECK YOUR BLOOD SUGAR BEFORE YOUR WORKOUT

Before jumping into a fitness program, get your doctor's OK to exercise — especially if you've been inactive. Ask your doctor how the activities you're thinking about might affect your blood sugar. Your doctor can also suggest the best time to exercise and explain the potential impact of medications on your blood sugar as you become more active.

For the best health benefits, experts recommend at least 150 minutes a week of moderately intense physical activities such as:

- Fast walking
- Lap swimming
- Bicycling

Experts also recommend that children — even those with type 1 diabetes — participate in at least 60 minutes of moderate to vigorous activity every day.

If you're taking insulin or other medications that can cause low blood sugar (hypoglycemia), test your blood sugar 15 to 30 minutes before exercising.

If you don't take medications for your diabetes or you don't use medications commonly linked to low blood sugar levels, you probably won't need to take any special precautions prior to exercising. Check with your doctor.

Below are some general guidelines for pre-exercise blood sugar levels. The measurements are expressed in milligrams per deciliter (mg/dL) or millimoles per liter (mmol/L).

- **Lower than 100 mg/dL (5.6 mmol/L).** Your blood sugar may be too low to exercise safely. Eat a small snack containing 15 to 30 grams of carbohydrates, such as fruit juice, fruit, crackers or even glucose tablets before you begin your workout.
- **100 to 250 mg/dL (5.6 to 13.9 mmol/L).** You're good to go. For most people, this is a safe pre-exercise blood sugar range.
- **250 mg/dL (13.9 mmol/L) or higher.** This is a caution zone — your blood sugar may be too high to exercise safely. Before exercising, test your urine for ketones — substances made when your body breaks down fat for energy. The presence of ketones indicates that your body doesn't have enough insulin to control your blood sugar.

If you exercise when you have a high level of ketones, you risk ketoacidosis — a serious complication of diabetes that needs immediate treatment. Instead of exercising immediately, take measures to correct the high blood sugar levels and wait to exercise until your ketone test indicates an absence of ketones in your urine.

WATCH FOR SYMPTOMS OF LOW BLOOD SUGAR

During exercise, low blood sugar is sometimes a concern. If you're planning a long workout, check your blood sugar every 30 minutes — especially if you're trying a new activity or increasing the intensity or duration of your workout. Checking every half-hour or so lets you know if your blood sugar level is stable, rising or falling, and whether it's safe to keep exercising.

This may be difficult if you're participating in outdoor activities or sports. But, this precaution is necessary until you know how your blood sugar responds to changes in your exercise habits.

Stop exercising if:

- Your blood sugar is 70 mg/dL (3.9 mmol/L) or lower
- You feel shaky, weak or confused

Eat or drink something (with approximately 15 grams of fast-acting carbohydrate) to raise your blood sugar level, such as:

- Glucose tablets or gel (check the label to see how many grams of carbohydrate these contain)
- 1/2 cup (4 ounces/118 milliliters) of fruit juice
- 1/2 cup (4 ounces/118 milliliters) of regular (NON-diet) soft drink

- Hard candy, jelly beans or candy corn (check the label to see how many grams of carbohydrate these contain)

Recheck your blood sugar 15 minutes later. If it's still too low, have another 15 gram carbohydrate serving and test again 15 minutes later.

Repeat as needed until your blood sugar reaches at least 70 mg/dL (3.9 mmol/L). If you haven't finished your workout, you can continue once your blood sugar returns to a safe range.

CHECK YOUR BLOOD SUGAR AGAIN

Check your blood sugar as soon as you finish exercising and again several times during the next few hours. Exercise draws on reserve sugar stored in your muscles and liver. As your body rebuilds these stores, it takes sugar from your blood.

The more strenuous your workout, the longer your blood sugar will be affected. Low blood sugar is possible even four to eight hours after exercise. Having a snack with slower-acting carbohydrates, such as a granola bar or trail mix, after your workout can help prevent a drop in your blood sugar.

If you do have low blood sugar after exercise, eat a small carbohydrate-containing snack, such as fruit, crackers or glucose tablets, or drink a half-cup (4 ounces/118 milliliters) of fruit juice.

Exercise is beneficial to your health in many ways, but if you have diabetes, testing your blood sugar before, during and after exercise may be just as important as the exercise itself. Thanks for listening.

Stay hydrated,

2VDG Dave Splittek



MORE THAN 1 MILLION CHILDREN

EACH YEAR WILL NOT MAKE IT TO THEIR 5TH BIRTHDAY DUE TO A VACCINE PREVENTABLE DISEASE. IMMUNIZATIONS PREVENT ILLNESS, DISABILITY AND DEATH FROM DISEASES, INCLUDING MEASLES AND RUBELLA.

Lions of Harlendale

District 2A-2 Lions participated at the Harlendale What's Next Symposium at Harlendale School. Thirty five adults were screened using the Welch Allyn Spot Vision Screener (SPOT). Six individuals were referred for cause for further evaluation by a doctor. Four District 2-A2 Lions participated contributing five hours each for a total of twenty hours. The Lions were Debbie Book from the District twenty Lions and from the San Antonio Lions Rosemary Paletta, Nick Garcia and Angie Garcia. Lion Rosemary coordinated the event for the Lions with Harlendale event coordinator Mr. Gerald Gawlik. Contact Lion Rosemary at 210.341.1160 to schedule screenings for your event.



DIABETES



ENVIRONMENT



HUNGER



VISION



CHILDHOOD CANCER

State Vision Certification Class

On March 1st, the following Lions became certified to provide State required vision screening in schools and licensed daycare facilities.

Lions Andy Lee and Norm Fullertonkerson - Castroville Lions Club

Lions Sylvia Madero, Sejal Patel - Floresville Lions Club

Lions Jack Dugas, Lisa Werkowitch, and Bob Nixon

We welcome these service minded Lions to the KidSight School Screening team!

A special thanks to the Helotes Lions Club for hosting this training class.

If you are interested in joining these and other District 2-A2 Lions committed to serving and preventing vision impairments in children in our area, contact Lion Ken Book at kbook0@hotmail.com



Harlandale Symposium.

Three Lions from the West Side Lions club (Rose Mary Paletta, Nick and Angie Garcia) and one from the Region 20 Lions club (Debbie Book) participated in the Harlandale ISD "What's Next?" Symposium on Friday, March 1st. Thirty six adults were screened using the SPOT photo screening device. Six (6) of those screened were referred for a complete eye exam from an eye care professional. A total of 20 man hours were logged in service at this event. Lion Rosemary Paletta coordinated the event with the Harlandale Symposium host Mr. Gerald Gawlik.

If you are interested in scheduling the use of a SPOT for an event in your community, complete a SPOT Request form which can be found on the District 2-A2 website. If you have any questions, contact Lion Ken Book at 210-744-2080.



Haven for Hope Vision Testing



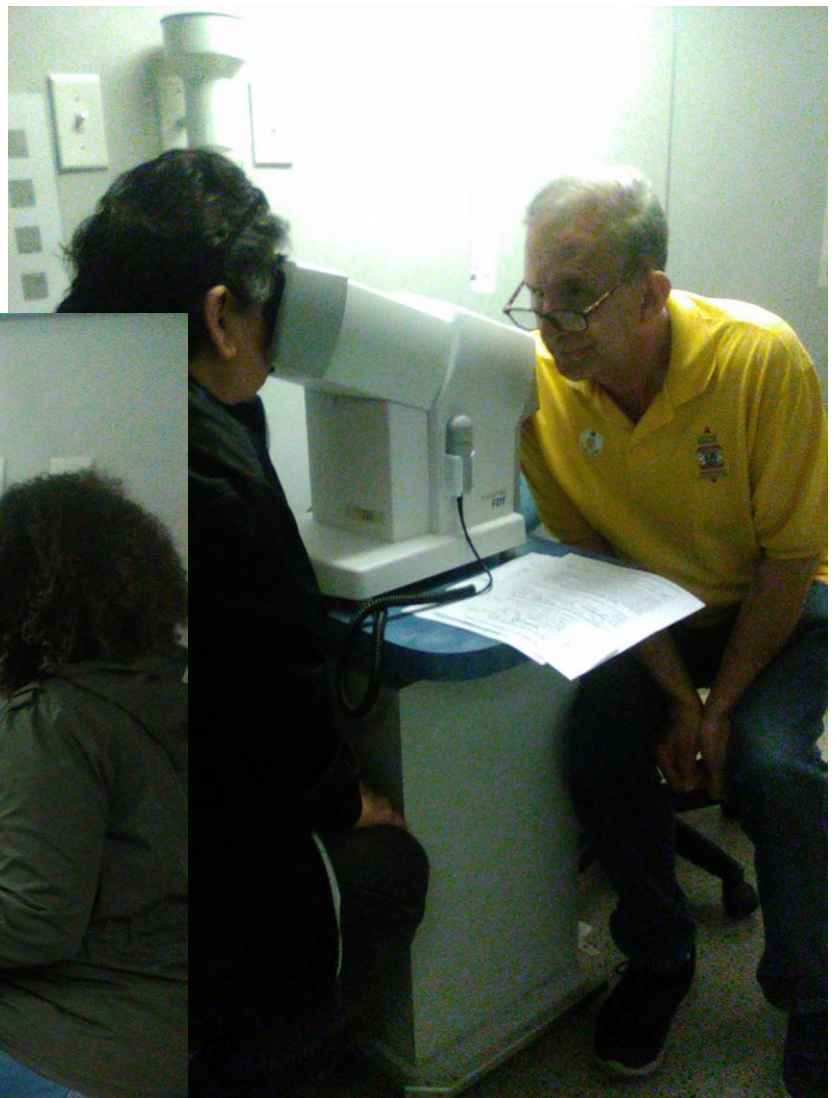
March 8th, 2019. Five District 2-A2 Lions conducted vision testing at the Haven for Hope Center on 1 Haven for Hope Way. Thirty-three clients were screened for vision acuity screening and glaucoma eye pressure screening. Fifteen individuals were referred for further evaluation by an eye doctor as a result of the screenings. Three individuals were administered visual fields screening, two were referred for further evaluation by an eye doctor. Lions volunteering to staff this event were Les Barnes from the Northside Lions Club; Rose Ann Barajas from the Edgewood Lions Club; and Nick and

Angie Garcia from the San Antonio West Side Lions Club. They contributed a total of ten hours towards making this event worthwhile for clients of the Haven for Hope facility. Lion Chris Lloyd of the District 2-A2, Mobile Eye Screening unit (MESU) Manager conducted the visual fields screenings. Contact Lion Chris at 210.275.4425 or Email lionsmum@earthlink.net to find out more information about scheduling the MESU for your event go to <http://lionssightresearch.org/calendar.html> to see where the MESU will be operating.



MESU at HEB

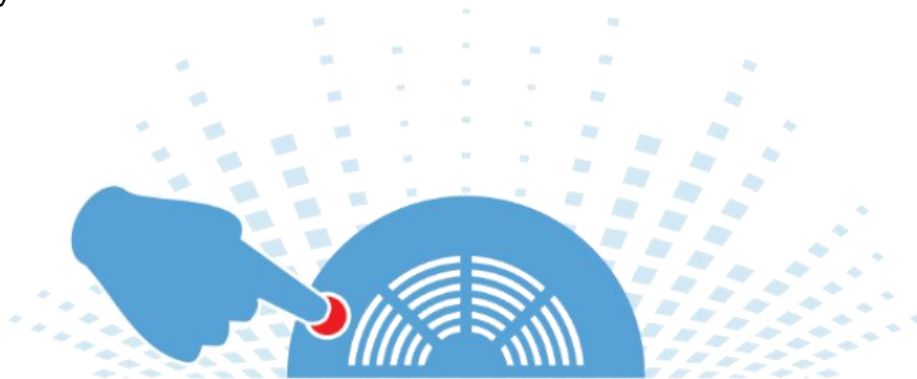
District 2-A2 Lions participated in visual screenings (acuity, pressure screening, visual field) at the HEB located on corner of Military Dr. and Pearsall Rd. forty adults were screened and thirty-four were referred to an eye doctor for further evaluation because of findings. Five children were screened and three were referred. One adult had been experiencing pain and loss of vision in one of her eyes. Pressure check of that eye for glaucoma revealed a pressure double the normal amount (55 normal being 22) and an elevated reading in the other eye. She was immediately referred to the University Hospital Emergency room. Because of the long term elevated pressure it was believed that she had probably lost some if not all of her vision in the affected eye. The referral to the emergency room was made to preserve vision in the other eye. Three Lions participated in the screening. Lion Chris Lloyd from district 2-A2 Lions Club and Mobile Eye Screening Unit Manager, and Lions Nick Garcia and Angie C Garcia. They each contributed five hours for the screenings. In addition three first year medical students conducted screenings. From UTSA students Alicia Ramos, Tiahndra Andah and Christina Duun. They each worked five hours.



Help the Red Cross to install free smoke alarms and reduce home-fire fatalities.

The Red Cross will be hosting their signature **Sound the Alarm** events once again this spring on Saturday, April 27th (Austin) and Saturday, May 11th (San Antonio). On these two days they will be aiming to install 1,000 smoke alarms in each city making our communities safer! In order to do that, WE NEED YOU!

This might be a great opportunity for you or your club to partner with another great organization to help the community.



SOUND THE ALARM

Save a Life

Austin | Saturday, April 27th
St. James Missionary Baptist Church
3417 E. Martin Luther King Jr. Blvd
Austin TX 78721
[Click here to sign up!](#)

San Antonio | Saturday, May 11th
Cherrity Bar & Alamo Dome Parking Lot
302 Montana St. San Antonio, TX 78203
[Click here to sign up!](#)

Kerrville Host Lions Club



Lion Emily Curry of the Kerrville Host Lions Club giving a donation to Lisa Carpenter of Mercy Gate Ministries'



Lion Alice Whatley of Kerrville Host Lions club giving a donation check to Margarita Sloan of the Rafael Free Clinic.

San Antonio Founder Lions Club



San Antonio Founder Lions Club serving our community at the LSRF Stride for Sight 5k run/walk on Saturday, March 23, 2019.



San Antonio Founder Lions Club serving our community at the Low Vision Resource Center/Owl Radio Health Expo on Saturday, March 23, 2019.



San Antonio Founder Lions Club serving at the Texas Public Radio Spring Pledge Drive on Monday, March 25, 2019.



April Is Environmental Awareness Month!

Earth Day is April 22! Lions celebrate [Environmental Awareness](#) throughout the entire month of April with projects ranging from local recycling programs to ensuring that communities around the world have access to clean water. Lions are working hard to keep the earth clean and green.

West Side Lions Club

March 23, 2019. The 2019 West Side Lions Club Gala was held at Our Lady of the Lake Campus. Several wine and liquor baskets were raffled. A 50/50 drawing was conducted. A silent auction that included a trip to Santa Lucia and a one week stay at a Canyon Lake bungalow was very successful. Entertainment was provided by a live band. Attendees danced till late in the night. Money raised will benefit Lion scholarships and other charitable West Side Lions projects.



March 23, 2019, District 2-A2 Lions conducted Visual Screening on the Mobile Eye Screening Unit (MESU) at the Holy Redeemer Health Fair. The Screening consisted of Adult Visual Acuity, glaucoma eye pressure screening, and adult visual fields testing. Visual checks for children were done with the PlusOptix visual screening camera. Sixty-one individuals signed up for the screening, there were nine diabetics, nine individuals were referred for further evaluation by a doctor based on the screening results. Of the sixty-one there were five children screened using the PlusOptix camera. Two children were referred for further evaluation by a doctor based on the screening results. Four district 2-A2 Lions donated five hours each (20 hours total) towards making the Holy Redeemer Health Fair a success and a tangible benefit to the community. The Lions were: District 2-A2 MESU manager Chris Lloyd, San Antonio Westside Lions Club president Steve Medina, Westside Lions Nick Garcia and Angie C Garcia. An additional four Lions from the Our Lady of the Lake: Mikayela Medina, Yovana Cervantes, Marissa Gutierrez contributed five hours each (20 hours total). Service amount provided to community based on \$50.00 per person \$3,050.00.

Since its inception, the Lions Mobile Eye Screening Unit has provided free vision screenings to over 66,000 people throughout Central and South Texas.

Contact MESU Manager PDG Chris Lloyd: 210-275-4425 to get more information about scheduling the MESU for your event.



San Antonio Hill Country Retreat Lions Club

On March 2nd Three HCR Volunteers assisted the Northside Lions Club in preparing and serving meals to the Texas Lions Camp Workday Volunteers. It was a great chance to collaborate with another Lions Club.



On March 3rd, the club held a peace Poster Award ceremony for the Briscoe Middle School Peace Poster Contest participants.

On March 23rd, the club fielded a team of six members to walk the Stride for Sight. On March 20th, the Club lead an effort to collect and sort books for Book Buddies.

On March 24th, a SPOT Training session was held in which members from 3 Lions Clubs were given training and certification on the use of the SPOT Vision Screener.



Lions KidSight and School Screening Program

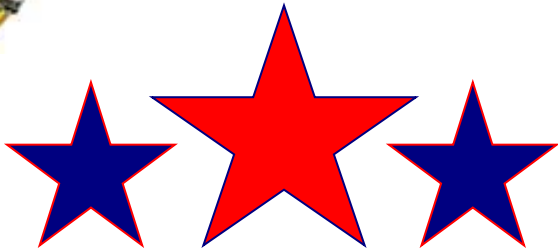
The San Antonio School Screening team was honored by the Great Hearts Texas Academies at a reception on March 26, 2019. Vice President Dejah Behnke presented the team with a plaque commemorating five years of service to the Great Hearts Schools in San Antonio. Pictured in the photo from left to right are Lions Rose Mary Paletta and Ernesto Castro, West Side Lions, Nurse Darlene Hildebrand, Great Hearts Northern Hills, Lion Cecilia Nobles, West Side Lions, Dejah Behnke, Vice President of Great Hearts Texas Academies, 1st Vice District Governor, Lion Janie Garza, Stockdale Lions, Nurse Minerva Moore, Great Hearts Monte Vista South Campus, Lions Debbie and Ken Book, Region 20 Lions.





Lion Ernesto "T.J." Tijerina

Your Candidate for International Director



"Team Tijerina"



Leadership Development

- ❖ Empowering Lions and promoting Dynamic Leaders!
- ❖ Develop opportunities for Lions to be Active and Participate!

Membership Growth

- ❖ Adding Helping Hands will promote Lions Programs!
- ❖ Having Fun and Fellowship will lead to Retention of the Lions!

Service

- ❖ Serving Communities with Innovative Programs!
- ❖ Focusing on Vision, Diabetes, Hunger, Environment, and Pediatric Cancer!
- ❖ Changing Lives and improving Communities!

Serving You



Serving the World

Lion "T.J." is committed to making sure that the future of our International Association remains strong and that the Lions continue to lead the way in our world as the largest and best service organization. With your helping hands together with Lion Juanita, his wife of 45 years, *"Team Tijerina"* is prepared to serve you, the Lions of Texas and the world as your International Director. Lion "T.J." can always be counted on to see that any job that is worth doing is "worth doing well" and that it is always done with integrity and compassion.

With your support for our "Team Tijerina" and your vote for Lion "T.J.", you are sure to have the strongest and best representation for International Director



Lions Clubs International FOUNDATION

A WORLD IN NEED



LCIF IN ACTION

Today, **253M** individuals are blind or visually impaired.



Your US\$100 funds **2** cataract surgeries.

Today, **2/3** of children report being the victim of bullying.



Your US\$100 provides Lions Quest learning curriculum to an **entire classroom** for one year.

Each year, our planet experiences a **15%** increase in natural disasters.



Your US\$100 provides immediate relief to **4** people in the wake of a natural disaster.

Every day, **245** people die from measles.



Your US\$100 provides measles vaccinations to **100** kids.

DID YOU KNOW?

Campaign 100 will enable LCIF to serve hundreds of millions more people by 2021.



By 2040, nearly **650M** people are expected to be living with diabetes.



Your US\$100 provides diabetes screenings for **18** at-risk individuals.

Every **2 min** a child is diagnosed with cancer.



Your US\$100 helps purchase equipment that will help diagnose or treat **8** children.

Each night, more than **800M** people go to bed hungry.



Your US\$100 gives access to food for **14** disabled, elderly, low-income, or homeless individuals.

By 2025, **1/2** the world's population will be living in water-stressed areas.



Your US\$100 provides **14** people access to clean water.

DID YOU KNOW?



LCIF.ORG/DONATE

amazon smile

**You shop. Amazon gives
to the L.S.R.F.**



Shop Amazon

Help the L.S.R.F

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Lions Sight Research Foundation by starting your shopping at



CLICK HERE

For more information about the L.S.R.F. please visit our website at: LionsSightResearch.org

23rd Annual

DAN GATEWOOD MEMORIAL GOLF TOURNAMENT



Kerrville Host Lions Club

*Proceeds Benefit
Texas Lions Camp Special Needs Children
and Other Lions Club Projects*

4 Person Scramble Tournament Limited to 24 Teams

— Saturday, April 13, 2019 —

SCOTT SCHREINER GOLF COURSE, KERRVILLE TEXAS

Check in Begins at 11:30 AM

Shotgun Start at 1:00 PM

Entry Fee includes:

*Green Fees, Cart, Range Balls, Lunch, and "Goody Bag"
Pizza after Golf Tournament provided by*

Broken Stone Pizza Co.

Prizes

- 1st Place Team - Low Gross \$600 Cash
- 1st Place Team - Low Net \$600 Cash
- 2nd Place Team - Low Net \$500 Cash
- 3rd Place Team - Low Net \$400 Cash
- Worst Score Prize **Gift Certificate at Pro Shop**



\$ PUTTING CONTEST \$
\$5 per putt Winner Receives *\$5 per putt*
\$ CASH PRIZE \$
\$\$ *\$\$*



CLOSEST TO PIN

\$700 CASH



Courtesy of Cecil Atkission Motors

Company/Corporate/Sponsor Name: _____

4 PERSON TEAMS -- OR LET PROS MATCH YOU UP!

Golfer's Name	E-mail	Phone
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

- Platinum Sponsor _____
\$1000
- Gold Sponsor _____
\$750
- Silver Sponsor _____
\$500
- Bronze Sponsor _____
\$225
- Hole Sponsor _____
\$125 Ea. or 2 for \$200
- Individual Player _____
\$100

Platinum Sponsor - Includes 2 teams of 4 players each, *your banner* displayed in the Pro Shop area, course signage, and recognition in press releases and radio spots

Gold Sponsor - Includes 1 team of 4 players, *your banner* displayed in the Pro Shop area, course signage, and recognition in press releases and radio spots

Silver Sponsor - Includes 4 players and a Hole Sponsor Sign

Bronze Sponsor - Includes one player and a Hole Sponsor Sign

Hole Sponsor - Entitles sponsor to a Hole Sponsor Sign

TOTAL ATTACHED _____

Checks payable to: *Kerrville Host Lions Club
P.O. Box 290972
Kerrville, TX 78029-0972*

For More Information: Dodie Pressler (830) 864-4637 — Kendall Davison (830) 257-7877



We continue to change more lives and achieve our club goals to promote **Service, Membership Growth, and Leadership Development**. It's going to take great leaders to reach our goal to increase service in our community and worldwide.

The development of the Global Action Team unifies the three key areas of Lions—Leadership, Membership and Service—to strengthen our clubs, districts and association. It's a bottom-up approach to supporting and encouraging the one thing that unites all Lions: **service**.

The Global Action Team empowers clubs and especially lion members with the Power of Action. The Power of Action is the vision for lion members to have the opportunity to serve every need. Clubs will experience growth in membership creating the energy for clubs to grow and serve. Providing strong service projects will allow for our current members to re-engage in the work of lions. Potential new members will see the work we do in our local communities. **Membership will grow with Service creating strong Leadership in our lions clubs.**

At the end of the day, it's all about service!



District 2-A2 Global Action Plan Membership Contest 2018-2019

**Enhance Service, Membership Development, and Effective
Leadership Development.**

Lion Membership Contest

**Top three (3) Highest Lion Members that sponsor New
Members for 2018-2019 (July 1, 2018 to June 30, 2019)**

Award: your choice -----

Texas Lions Foundation Silver Plate Award

Texas Lions Camp Life Membership Award

District 2-A2 Lions Sight Research

Foundation Special Recognition Award



Zone Chairperson Membership Contest

Top two (2) Highest Zone Chairperson(s) that have the highest membership net gain in their Zone for 2018-2019 (July 1, 2018 to June 30, 2019)

Award: your choice -----

Texas Lions Foundation Silver Plate Award

Texas Lions Camp Life Membership Award

District 2-A2 Lions Sight Research

Foundation Special Recognition Award



Lions Club Membership Contest

Top three (3) Highest Lions Club(s) with the highest membership net gain for 2018-2019 (July 1, 2018 to June 30, 2019)

**Award: Club Membership Banner Patch
Award**

Lions Club Retention Contest

Top three (3) Highest Lions Club(s) with the highest Retention of Club Members for 2018-2019 (July 1, 2018 to June 30, 2019) (Beginning number of members minus the total drops for the year equals retention).

**Award: Club Retention Banner Patch
Award**



Contact: Milton L. Dare, FACHE
Director of Development & Major Gifts
830-896-8500/mdare@lionscamp.com

James Avery Artisan Jewelry® offers \$100,000 Challenge in honor of 70th Anniversary of Texas Lions Camp

Named Title Sponsor for 26th Annual Harry Wickersham Golf Tournament

*Kerrville, Texas - James Avery Artisan Jewelry® has issued a \$100,000 challenge grant in honor of the 70th Anniversary year of Texas Lions Camp in 2019 and in support of the 26th Annual Harry Wickersham Golf Tournament to be held in August 2019. Every gift designated for the event will be matched dollar for dollar up to \$100,000. With this challenge, James Avery Artisan Jewelry® has also been named the **Title Sponsor** for the 2019 tournament.*

“Texas Lions Camp is honored that *James Avery Artisan Jewelry®* has again honored our organization and mission by offering this challenging and generous opportunity as well as taking a leadership role as the Title Sponsor for this event, said Chief Executive Officer of TLC Stephen S. Mabry, CAE.

President & CEO of *James Avery Artisan Jewelry®* Chris Avery stated, “Texas Lions Camp helps children from across Texas share in a unique summer camp experience where they learn about dealing with their respective disabilities. Our organization is pleased to offer this \$100,000 challenge grant in recognition of the unique work being accomplished which impacts the lives of children with physical disabilities, Down syndrome, cancer and Type 1 diabetes. In addition, it is our hope that this incentive will also encourage Lions, friends of TLC, corporations and foundations to provide charitable support during this anniversary year.”

Mabry added, “For 70 years, the Lions of Texas and TLC have introduced over 74,000 children to the ‘CAN DO’ philosophy and encouraged them to reach for new horizons and celebrate exciting, first-time experiences. Corporate sponsorships with special friends allow us to help some of the most amazing children share in the best summers of their lives.”

About James Avery Artisan Jewelry®– James Avery is a vertically integrated, family owned company located in the heart of the Texas Hill Country. We offer finely crafted jewelry designs for men and women in sterling silver, 14K and 18K gold, gemstones and leather wallets – designed by our own skilled artisans in Kerrville, Texas. We are a multi-channel retailer with 83 James Avery stores in five states. Our jewelry is also available in more than 215 Dillard’s stores in Texas and in 28 additional states; and nationwide through JamesAvery.com. James Avery crafts jewelry in four Texas workshops— one each in Comfort, Fredericksburg, Hondo and Kerrville. For more information, visit JamesAvery.com or facebook.com/JamesAvery.

About Texas Lions Camp, Inc.- Texas Lions Camp, Inc., provides, without charge, a camp for children with special medical conditions from the State of Texas, regardless of race, religion, or national origin.

The organization was chartered as a nonprofit corporation on April 4, 1949 by the Lions Clubs of Texas and is recognized as a non-profit corporation, under section 501 (c)(3) of the Internal Revenue Service Code. The Camp is accredited by the American Camp Association and is licensed by the Texas Department of State Health Services. In addition, the organization is recognized with a Four-Star rating for Accountability and Transparency from Charity Navigator and as a Gold-level participant on GuideStar.

Those who are interested in learning more about and/or contributing to the work of Texas Lions Camp are invited to visit www.lionscamp.com or by emailing Milton L. Dare at mdare@lionscamp.com. If preferred, you may also call 830-896-8500 for more information.

###



26th Annual Texas Lions Camp

Harry Wickersham Golf Tournament

Sponsored by

James Avery Artisan Jewelry®

ALL PROCEEDS BENEFIT TEXAS LIONS CAMP

TLC is tax exempt under 501(c)(3) of the I.R.S.—Donations are tax deductible—see your tax professional for details.



Elizabeth Gustafson, Camper 2018

Children Can... With TLC™

Come Play and Make a Kid's Day!

For more information or to download player registration forms go to www.lionscamp.com

August 1, 2019

8:00 am Shotgun Start

Lady Bird Johnson Golf Course Fredericksburg, TX

Join **James Avery Artisan Jewelry®** in supporting TLC Campers with your donation. Find more information: www.lionscamp.com.

Sponsor One or More Holes

For a one time donation of \$100 per hole, individuals, clubs, associations and corporations may sponsor a hole(s). All sponsors of the tournament will be recognized in publications on location and on the Texas Lions Camp website: www.lionscamp.com

Please make checks payable to Texas Lions Camp.

Name _____

Address _____

City / State _____ Zip _____

Phone _____

Club _____ District _____

Email: _____

Credit Card: MC ____ Visa ____ Discover ____ Amount: _____

CC#: _____ Expiration: ____ / ____ CVC: ____

Signature: _____ Date: _____

MAIL TO: TEXAS LIONS CAMP PO Box 290247 Kerrville, TX 78029

2019 Texas Lions Camp Harry Wickersham Golf Tournament Hole Sponsorship Camper – Elizabeth Gustafson

The 2019 Texas Lions Camp Harry Wickersham Golf Tournament Camper Ambassador is Elizabeth Gustafson. “Peepers”, as she is known to her family and close friends because of her big beautiful brown eyes, calls Waco home. Elizabeth has attended TLC for the past 4 summers and talks about camp affectionately as “the best place on earth”. For Elizabeth, TLC is a camp for kids with special abilities just like her. She can do anything there, try new things, do everything other kids can do and have tons of fun while doing it.

Elizabeth loves school, especially reading, math and science. But helping others is really her favorite thing to do. At school, sometimes Elizabeth needs help traveling from one class to another. The students who help her, in turn she tutors them in whatever subjects they are having trouble. Outside of school she volunteers and raises resources and awareness for those in need. Her mother Michelle describes Elizabeth as the hardest working, most loving and kind, generous and thankful kid she knows.



Her mother, Michelle, tells of Elizabeth’s conditions, periventricular leukomalacia (PVL) and CP with spastic quadriplegia and how they do not define her daughter and her abilities. She said, “Elizabeth had a rough start to life. Born at 29 weeks and with complications at birth, she’s endured multiple surgeries and procedures throughout the twelve short years of her life. Lots of people rush through life, but not her. She enjoys life each day and takes time to smell the flowers. No matter what she has been through physically, surgeries, or therapy, she just keeps going. Even in times of struggle or pain, she still looks for ways to help others around her that are in need.



“TLC was amazing and perfect for Elizabeth from the very start. She loves riding the horses and going down the zip-line. But this past summer, she fell in love with Camp Scene Investigation (CSI). The mock crimes around campus gave her and her group opportunities to solve problems and work together to solve the crime. She loved every minute of it. She always feels included at TLC and things are adapted, and modified for her to participate. The support staff make the impossible possible and those international staff cause Elizabeth to speak in an English Accent all the time, even long after she goes home.

Elizabeth came home from camp her first summer and asked, “Mom, we need to get more kids to go to camp, and help them to get there. How can we do that?” Michelle responded with, “I guess me becoming a lion would be the best place to start, so I can help

sponsor kids.” “How long will that take?” Elizabeth asked. Two weeks later, Michelle had joined the Waco Women’s Lions Club and will be serving as their president next year. Her husband, Lynn, the only man in the club, serves as the treasurer. Through their love for Elizabeth and her drive to serve others, especially children just like her,

Michelle and Lynn have fought tirelessly to follow their daughter’s lead and do everything they can to help others as well. They are proud of the strong, compassionate young woman she has become and will continue to become because of places like TLC which helps her to grow.

Elizabeth and her entire family are excited about being a part of the 26th Annual Harry Wickersham Golf

Tournament. For more information on how you and your team can play in the Tournament, visit:

www.lionscamp.com and look for the Harry Wickersham Golf Tournament Tab. Texas Lions Camp is proud to have great campers, like Elizabeth, who attend our summer camping program and celebrate those like her who embody the TLC spirit of “Children Can...With TLC!”™ Remember to smell the flowers today!



Alamo Heights Lions Club

Endorses

Lion Norm Fulkerson for Director to the District 2-A2 Lions Sight Research Foundation,
Lion Doug Thomas for District 2-A2 Second Vice District Governor,
and
Lion Ernesto "T.J." Tijerina Our Candidate for International Director

Vote Saturday, April 6, 2019, in Del Rio, Texas!



Seated Left to right: Lion Norm Fulkerson and Lion Doug Thomas
All Others: Alamo Heights Lions

Alamo Heights Lion Club

Supported the LSRF 2019

Stride for Sight 5K Run/Walk

By Serving Bottled Water to

All Who Attended the Event

On Saturday, March 23, 2019



THE MAGIC OF

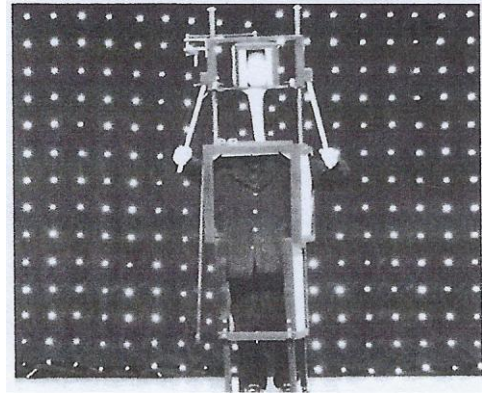
C.J. JOHNSON

Come EXPERIENCE a WORLD OF ILLUSIONS!

C.J. Johnson is one of America's leading family entertainers. His unique blend of interactive comedy, magic, big illusions, and audience participation is unmatched and is in high demand throughout the country. And ... he's coming to a stage near YOU.

This is your chance to see one of the most respected names in MAGIC presenting his full stage show of what he does best]

This show is for young and old alike! Great for the kids, but adults - don't think it's a "kiddie" show - there's plenty of amazement in it for you too and YOU WILL BE ENTERTAINED!



Sponsored by the Kerrville Host Lions Club

*HILARIOUS
WONDERFILLED
AMAZING*

Tons of Audience Participation

Date: April 20, 2019

Time: 11:00AM

Location: Cailloux Theater

**Benefiting: Kerrville Host Lions Club's
many community projects**

For tickets contact: Lion John Lee at (830) 370-3156 or lee.papajohn@gmail.com

Was Your Lions Club Mentioned in This Issue?



No? There is a reason for that.

No one submitted an article,
so we could include it.

Anyone can submit information about your Lions Club for the District 2-A2 Event Calendar, District Newsletter, District Facebook page or all those.

newsletter@district2a2.org

events@district2a2.org

[facebook@district2a2.org](https://www.facebook.com/district2a2.org)

**Newsletter articles submitted after the 28th of each month
will be published the following month.**